





## ALIGNMENT CHART: Erin's Law Curriculum Recommendations Second Step Child Protection Unit for Kindergarten-Grade 5

## The Importance of Social-Emotional Learning

Many states have enacted laws collectively known as Erin's Law, that require public schools to provide age-appropriate child sexual abuse education for children in school. Educators often ask how the Second Step Child Protection Unit supports schools' responsibilities under Erin's Law. This chart illustrates the connections between the unit and Erin's Law with alignment to common Erin's Law curriculum recommendations.

The basic requirements behind Erin's Law requires all state public schools to implement a prevention-oriented child sexual abuse program which teaches:

- Students in PreK through grade 12 age-appropriate techniques to recognize child sexual abuse and tell a trusted adult
- · School personnel all about child sex abuse
- Parents and guardians the warning signs of child sexual abuse, plus needed assistance, and referral or resource information to support sexually abused children and their families

## About the Second Step Child Protection Unit

Created by Committee for Children, an organization active in the field of child sexual abuse prevention for nearly 40 years, the Second Step Child Protection Unit takes a holistic approach to a school community's efforts to protect students. Online training modules guide administrators through child protection policies and procedures, train all staff to recognize and respond to indicators of abuse and neglect, and teach educators to deliver the classroom lessons to students in Early Learning through Grade 5. Easy-to-follow, scripted lessons teach children safety skills using age-appropriate instruction, giving kids the know-how and avenues to disclose abuse. Family materials explain what children are learning, alleviate anxiety, and provide guidance for talking to kids about safe and unsafe touch.

## What Is Second Step?

Second Step, a program rooted in social-emotional learning (SEL), helps transform schools into supportive, successful learning environments uniquely equipped to encourage children to thrive.

By offering Second Step's research-based SEL curriculum for Preschool through Grade 8 in combination with the Bullying Prevention and Child Protection Units, Committee for Children has formed an integrated, comprehensive program that makes a difference. It's a difference you can feel the moment you open the doors to a Second Step school— a sense of safety and respect grounded in the social-emotional health and well-being of the entire school community.

Learn more at SecondStep.org.



|                                  |  | Key Skills & Concepts  |  |   |                             |  |                                     |                                  |                                      |  |  |  |
|----------------------------------|--|--|--|---|-----------------------------|--|-------------------------------------|----------------------------------|--------------------------------------|--|--|--|
|                                  |  | Know and understand general safety rules,<br>including rules for guns, fire, and water | Know and understand the Always Ask<br>First Rule | Know and understand the Ways to Stay<br>Safe: Recognize, Report, Refuse | Recognize unsafe situations | Refuse to participate in unsafe situations | Recognize unsafe and unwanted touch | Refuse unsafe and unwanted touch | Report unsafe situations to an adult | Use the Touching Rule to recognize sexually abusive situations | Apply the Ways to Stay Safe to sexually abusive situations |  |
| Subject                          | Erin's Law Curriculum  |  |  |   |                             |  |                                     |                                  |                                      |  |  |  |
| _ sgn                            | K.PBS.1 Learning (the Touching Rule) will help you stay safe.                        |  |  | ~   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |  |
| Essential<br>derstandi           | K.PBS.2 Safe touches follow the bathing suit rule, are comfortable, and are welcome. |  |  | ~   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |  |
| П                                | K.PBS.3 Learning the 3 Safety Steps will help you remain safe.                       |  |  | ~   | ~                           | ~  | ~                                   | ~                                | ~                                    | ~  | ~  |  |
|                                  | What is a safe touch?  |  |  |   |                             |  | ~                                   | ~                                | •                                    | ~  | ~  |  |
|                                  | What is a private body part?   |  |  | ~   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |  |
| g Questi                         | Who are the people who keep you clean and healthy?                                   |  |  |   |                             |  | ~                                   |                                  | ~                                    | ン<br>ン<br>ン<br>ン   | ~  |  |
| Guidin                           | What should you do if someone breaks the Touching Rule?                              |  |  | ~   |                             |  | ~                                   | ~                                | ~                                    | •  | ~  |  |
| Guiding Questions Understandings | What should you do if someone asks you to keep a secret? (Good vs. bad secrets)      |  |  | ~   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |  |
|                                  | The Touching Rule  |  |  | ~   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |  |
| Ğ                                | 3 Safety Steps   |  |  | ~   | ~                           | ~  | r                                   | ~                                | •                                    | ~  | ~  |  |
| cal Con                          | All adults should follow the Touching Rule   |  |  | ~   |                             |  | ~                                   | ~                                | •                                    | ~  | ~  |  |
| Criti                            | You have a right to say how and by whom you are touched                              |  |  |   |                             |  | ~                                   | ~                                |                                      | •  | ~  |  |
|                                  | 3 adults you can tell  |  |  | ~   |                             |  |                                     |                                  | •                                    |  | •  |  |

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|                             |  |  |  |   | Key                         | Skills 8                                   | & Conc                              | epts                             |                                      |  |  |
|-----------------------------|--|--|--|---|-----------------------------|--|-------------------------------------|----------------------------------|--------------------------------------|--|--|
| GRAD                        | ES 1   | Know and understand general safety rules,<br>including rules for guns, fire, and water | Know and understand the Always Ask<br>First Rule | Know and understand the Ways to Stay<br>Safe: Recognize, Report, Refuse | Recognize unsafe situations | Refuse to participate in unsafe situations | Recognize unsafe and unwanted touch | Refuse unsafe and unwanted touch | Report unsafe situations to an adult | Use the Touching Rule to recognize sexually abusive situations | Apply the Ways to Stay Safe to sexually abusive situations |
| Subject                     | Erin's Law Curriculum  |  |  |   |                             |  |                                     |                                  |                                      |  |  |
| Essential<br>Understandings | 1-3.PBS.1 Safe touches follow the bathing suit rule, are comfortable, and are welcome. |  |  |   |                             |  | •                                   | ~                                | •                                    | ~  | ~  |
|                             | 1-3.PBS.2 Learning the Touching Rule will help you stay safe.                          |  |  | ~   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |
| Ď                           | 1-3.PBS.3 Learning the 3 Safety Steps will help you remain safe.                       | ~  |  | ~   | ~                           | ~  | ~                                   | ~                                | ~                                    | ~  | ~  |
|                             | What is a safe vs. unsafe touch?   |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ン<br>ン   | •  |
| tions                       | What is a private body part?   |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |
| uiding Questions            | What is the Touching Rule?   |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | •  |
| Guidin                      | What are the 3 Safety Steps?   |  |  | ~   | ~                           | ~  | ~                                   | ~                                | ~                                    | ~  | ~  |
|                             | What should you do if someone asks you to keep a secret? (Good vs. bad secrets)        |  |  |   |                             |  |                                     |                                  | ~                                    | ~  | ~  |
|                             | Safe/Unsafe touch  |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |
| ntent                       | Secrecy  |  |  | ~   |                             |  |                                     |                                  | ~                                    | ~  | •  |
| Critical Content            | Recognition and reporting of abuse   |  |  | ~   |                             |  | ~                                   |                                  | ~                                    | ~  | •  |
| Crit                        | The Touching Rule  |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | •  |
|                             | 3 Safety Steps   |  |  | ~   | ~                           | ~  | ~                                   | ~                                | ~                                    | ~  | ~  |

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|  |  |  |  |   | Key                         | Skills 8                                   | & Conc                              | epts  |  |   |   |
|--|--|--|--|---|-----------------------------|--|-------------------------------------|---|--|---|---|
| GRAD   | E 2  | Know and understand general safety rules,<br>including rules for guns, fire, and water | Know and understand the Always Ask<br>First Rule | Know and understand the Ways to Stay<br>Safe: Recognize, Report, Refuse | Recognize unsafe situations | Refuse to participate in unsafe situations | Recognize unsafe and unwanted touch | eptseptsKeine number of the second momented to the second m | Apply the Ways to Stay Safe to sexually abusive situations |   |   |
| Subject  | Erin's Law Curriculum  |  |  |   |                             |  |                                     |   |  |   |   |
| :ssential<br>erstandings                                 | 1-3.PBS.1 Safe touches follow the bathing suit rule, are comfortable, and are welcome. |  |  |   |                             |  | ~                                   | ~   | ~  | ~ | ~ |
|  | 1-3.PBS.2 Learning the Touching Rule will help you stay safe.                          |  |  | ~   |                             |  | ~                                   | ~   | ~  | ~ | ~ |
| nuc  | 1-3.PBS.3 Learning the 3 Safety Steps will help you remain safe.                       | ~  |  | ~   | ~                           | ~  | ~                                   | ~   | ~  | ~ | ~ |
|  | What is a safe vs. unsafe touch?   |  |  |   |                             |  | ~                                   | ~   | ~  | ~ | ~ |
| Critical Content<br>Critical Content<br>Critical Content | What is the difference between a good secret and a bad secret?                         |  |  |   |                             |  |                                     |   | •  | • | • |
| Quest  | What is a private body part?   |  |  |   |                             |  | ~                                   | ~   | •  | ~ | ~ |
| iding (  | What is the Touching Rule?   |  |  |   |                             |  | ~                                   | ~   | ~  | ~ | ~ |
| Gu   | What are the 3 Safety Steps?   |  |  | ~   | •                           | ~  | •                                   | ~   | ~  | ~ | ~ |
|  | Do all adults know the Touching Rule and that they should follow it?                   |  |  | ~   |                             |  | •                                   |   |  | • | • |
|  | Safe/Unsafe touch  |  |  | ~   |                             |  | ~                                   | ~   | •  | ~ | ~ |
| ŧ  | Secrecy  |  |  | ~   |                             |  |                                     |   | ~  | ~ | ~ |
| Contei   | Recognition and reporting of abuse   |  |  | ~   |                             |  | ~                                   |   | ~  | ~ | ~ |
| itical (   | The Touching Rule  |  |  |   |                             |  | ~                                   | ~   | ~  | ~ | ~ |
| Ď  | All adults are expected to follow the Touching Rule                                    |  |  |   |                             |  | •                                   | •   | •  | • | ~ |
|  | 3 Safety Steps   |  |  | ~   | •                           | ~  | ~                                   | ~   | •  | ~ | ~ |

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|  | •  |  |  |   | Key                         | Skills 8                                   | & Conce                             | epts                             |                                      |  |  |
|--|--|--|--|---|-----------------------------|--|-------------------------------------|----------------------------------|--------------------------------------|--|--|
| GRADE 3  |  | Know and understand general safety rules,<br>including rules for guns, fire, and water | Know and understand the Always Ask<br>First Rule | Know and understand the Ways to Stay<br>Safe: Recognize, Report, Refuse | Recognize unsafe situations | Refuse to participate in unsafe situations | Recognize unsafe and unwanted touch | Refuse unsafe and unwanted touch | Report unsafe situations to an adult | Use the Touching Rule to recognize sexually abusive situations | Apply the Ways to Stay Safe to sexually abusive situations |
| Subject  | Erin's Law Curriculum  |  |  |   |                             |  |                                     |                                  |                                      |  |  |
| al<br>dings  | 1-3.PBS.1 Safe touches follow the bathing suit rule, are comfortable, and are welcome. |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | •  |
| Essentia<br>Understand   | 1-3.PBS.2 Learning the Touching Rule will help you stay safe.                          |  |  | ~   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |
|  | 1-3.PBS.3 Learning the 3 Safety Steps will help you remain safe.                       | ~  |  | ~   | ~                           | ~  | ~                                   | ~                                | ~                                    | ~  | ~  |
|  | What is private?   |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | <b>~</b>   |
| Su   | Is your mouth a private part?  |  |  |   |                             |  |                                     |                                  |                                      |  |  |
| stio   | What is the Touching Rule?   |  |  |   |                             |  | ✓                                   | ~                                | ~                                    |  | ~  |
| Que  | Who can I tell?  |  |  | ~   |                             |  |                                     |                                  | ~                                    |  | ~  |
| ding   | Is it ever too late to tell?   |  |  | ~   |                             |  |                                     |                                  | ~                                    | ~  | ~  |
| Gui  | Is it ever a child's fault?  |  |  | ~   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |
|  | When is it okay to keep a secret, and when should you not keep a secret?               |  |  | ~   |                             |  |                                     |                                  | ~                                    | ~  | •  |
| SubjectSubjectI-3.PBS.1.<br>suit rule, a1-3.PBS.2.<br>help you a1-3.PBS.3.<br>help you a1-3.PBS.3.<br> | The bathing suit rule  |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |
|  | Appropriate and inappropriate touch  |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |
|  | Every person has the right to tell others not to touch his/her body                    |  |  | ~   |                             |  | ~                                   | ~                                |                                      | ~  | •  |
|  | How to report inappropriate touch to a trusted adult                                   |  |  | ~   |                             |  | ~                                   |                                  | ~                                    | ~  | •  |
|  | It is not the child's fault if someone touches<br>him or her in an inappropriate way   |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | •  |
| ritica   | Ways to refuse (say NO)  |  |  | ~   | ~                           | ~  | ~                                   | ~                                | ~                                    | ~  | ~  |
| Ö  | Identifying 3 trusted adults to tell   |  |  | ~   |                             |  |                                     |                                  | ~                                    | ~  | ~  |
|  | Keep telling until someone believes you  |  |  |   |                             |  | ~                                   | ~                                | ~                                    |  |  |
|  | Types of secrets and when to tell  |  |  |   |                             |  |                                     |                                  | ~                                    | ~  | ~  |
|  | Recognizing grooming   |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | V  |
|  | Trusting uncomfortable feelings  |  |  | ~   | ~                           |  | ~                                   |                                  |                                      | ~  | <b>v</b>   |



| GRADES 4-5                                 |   | Key Skills & Concepts  |  |   |                             |  |                                     |                                  |                                      |  |  |  |
|--|---|--|--|---|-----------------------------|--|-------------------------------------|----------------------------------|--------------------------------------|--|--|--|
|  |   | Know and understand general safety rules,<br>including rules for guns, fire, and water | Know and understand the Always Ask<br>First Rule | Know and understand the Ways to Stay<br>Safe: Recognize, Report, Refuse | Recognize unsafe situations | Refuse to participate in unsafe situations | Recognize unsafe and unwanted touch | Refuse unsafe and unwanted touch | Report unsafe situations to an adult | Use the Touching Rule to recognize sexually abusive situations | Apply the Ways to Stay Safe to sexually abusive situations |  |
| Subject                                    | Erin's Law Curriculum   |  |  |   |                             |  |                                     |                                  |                                      |  |  |  |
| Essential<br>Understandings                | 4-5.CT.1 Your body is your own: if someone<br>makes you feel uncomfortable, communicate<br>that with a trusted adult. |  |  | •   | •                           | •  | •                                   | •                                | •                                    | ~  | •  |  |
|  | How can I keep myself/my body safe?   | ~  | ~  | ~   | ~                           | ~  | ~                                   | ~                                | ~                                    | ~  | ~  |  |
| 6  | How can I communicate my needs to others?   |  | ~  | ~   | ~                           | ~  | ~                                   | ~                                | ~                                    | ~  | ~  |  |
| Subject                                    | In what ways can people's actions make me<br>feel uncomfortable?  |  |  | ~   | ~                           | ~  | ~                                   | ~                                | ~                                    | ~  | ~  |  |
| uiding (                                   | What is a safe vs. unsafe touch?  |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |  |
| Ū  | How do you say no?  |  | ~  | ~   |                             | ~  |                                     | ~                                |                                      | ~  | •  |  |
|  | Who is a trusted adult I can talk to about this?  |  |  | ~   |                             |  |                                     |                                  | ~                                    | •  | ~  |  |
|  | Safe and unsafe touch   |  |  | ~   |                             |  | ~                                   | ~                                | ~                                    | ~  | •  |  |
| ntent                                      | How to refuse (say no)  |  | ~  | ~   |                             | ~  |                                     | ~                                |                                      |  |  |  |
| ical Co                                    | How and whom to tell  |  |  | ~   |                             |  | ~                                   |                                  | ~                                    | ~  | •  |  |
| Crit                                       | What is a private part?   |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |  |
| Guiding Questions Essential Understandings | What is the Touching Rule?  |  |  |   |                             |  | ~                                   | ~                                | ~                                    | ~  | ~  |  |
|  | 3 Safety Steps  |  |  | ~   | ~                           | ~  | ~                                   | ~                                | ~                                    | ~  | •  |  |

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