



## Follow, Follow, Version 2

### Preparation

You will need Puppy and Snail. After you have stated the rule, have students make their attent-o-scopes and say “focus” to switch them on. Have students focus their attent-o-scopes on Snail, then put them down and pretend they are still there.

### Rule

**Rule 1 is, do what Snail tells you to do. Puppy will try to trick you by telling you to do things too. Ignore Puppy.**

### Steps

1. As Snail: **Follow, follow. Touch your nose.** Students touch their noses.
2. As Puppy: **Follow, follow. Touch your head.**
3. Students don't obey Puppy and keep touching their noses.

### Increasing the Challenge

*Attention (A), Working Memory (WM), Inhibitory Control (IC)*

- Have Snail name two or more body parts. (WM)
- Have Puppy give two directions in a row. (A, IC)
- Have the students touch the body parts in the reverse order. (WM, IC)