secondSTEP

Skills for Social and Academic Success

Kindergarten–Grade 3

Educators often ask how the *Second Step* program supports their state's academic learning standards. This chart shows connections between the program and academic learning standards from two sources.

English and math standards are from the Common Core State Standards, which can be found online at www.corestandards.org. All other standards are from *Content Knowledge: a Compendium of Standards and Benchmarks for K-12 Education* by John S. Kendall and Robert J. Marzano, fourth edition (2004), found at www.mcrel.org/standards-benchmarks.

www.cfchildren.org

		Key Concepts																						Core Learning Strategies															
		Skills for Learning							Empathy						Emotion Management					Problem Solving						Brain Builders			Story and Discussion						Skill Practice				Reinforcing Skills			
		Focus Attention	Listen with Attention	Use Self-Talk	Be Assertive	Remember Directions	Stay on Task	Ignore Distractions	Identify and Understand Their Own and Others' Feelings	Build a Vocabulary of Feelings Words	Begin to Take Others' Perspectives	Listen to Others	Have Empathy	Express Compassion	Understand Strong Feelings	Recognize Strong Feelings	Calm Down Strong Feelings Using Steps	Use the Ways to Calm Down	Communication/Language Skills	Calm Down Before Solving Problems	Describe the Problem	Think of Multiple Solutions to a Problem	Explore Consequences of Solutions to Problems	Pick the Best Solution to a Problem	Friendship Skills	Focus Attention	Working Memory	Inhibitory Control	Interpret Stories	Interpret Audio/Visual Media	Respond to Questions	Large Group and Partner Discussions	Communicate Ideas	Listen to Others	Work with Others	Take Others' Perspectives	Follow Directions	Practice Behavioral Skills	Daily Practice	Using Skills Every Day	Academic Integration Activities	Home Links
Subject	**Academic Content Standard**																																						
Language Arts (CC): Language	3. Grades 2 and 3: Use knowledge of language and its conventions when writing, speaking, reading, or listening.		X	X	X		X			X		X							X		X			X			X	X	X	X	X	X	X		X	X	X	X	X	X
	4. Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade-level reading and content.		X		X	X				X									X									X	X	X	X	X	X	X		X	X			X	X
	5. With guidance and support from adults, explore (K–Grade 1)...demonstrate understanding of (Grades 2–3)...word relationships and nuances in word meanings.		X			X			X	X					X		X		X		X			X				X	X	X	X	X	X	X	X	X	X			X	X
	6. Use words and phrases acquired through conversations, reading and being read to, and responding to texts.		X	X	X				X	X	X						X		X		X	X		X				X		X	X	X		X	X		X	X	X	X	X	X
Language Arts (*CC*): Reading for Information	1. With prompting and support (K)…ask and answer questions to demonstrate understanding of key details in a text.		X		X					X		X							X									X		X	X	X	X	X		X	X	X	X	X	X
	4. With prompting and support (K)…ask and answer questions to help determine or clarify the meaning of words and phrases in a text.	X	X		X	X	X	X		X	X	X							X									X		X	X	X	X	X		X	X	X	X	X	X
	7. With prompting and support (K)…use illustrations and details in text to describe its key ideas.	X				X	X	X	X	X	X				X	X												X	X		X	X	X	X	X	X						
Language Arts (*CC*): Reading Foundations	2. Demonstrate understanding of spoken words, syllables, and sounds.	X	X			X	X	X		X		X														X	X	X	X		X	X	X	X	X	X	X	X	X	X	X	X
Language Arts (*CC*): Reading Literature	1. With prompting and support (K)…ask and answer questions about key details in text.	X	X		X		X	X				X																X		X	X	X	X	X		X	X	X	X	X	X

Language Arts (*CC*): Speaking and Listening	1. Participate in collaborative conversations with diverse partners about (grade-relevant) topics and texts with peers and adults in small or large groups.	X	X		X	X	X	X	X		X	X							X		X	X	X	X	X				X	X	X	X	X	X	X	X	X	X	X	X	
	2. Ask and answer questions/recount or describe key ideas or details from text read aloud or information presented orally or through other media.	X	X		X	X	X	X	X	X	X	X			X	X			X		X								X	X	X	X	X	X	X	X	X	X	X	X	
	3. Ask and answer questions about what a speaker says in order to gather additional information or clarify something that is not understood.	X	X	?	X	X	X	X			X	X							X						X				X	X	X	X	X	X	X	X	X	X	X	X	
	4. With prompting and support (K)… describe people, places, things, and events with relevant details expressing ideas and feelings clearly.	X	?			X	X	X	X	X	X	X			X	X			X		X				X				X	X	X	X	X		X	X	X	X	X	X	
Health	4. Know how to maintain mental and emotional health.		X						X		X		X	X	X	X	X	X	X	X						X							X	X	X		X	X	X	X	X	X
	5. Know essential concepts and practices concerning injury prevention and safety.				X				X						X	X	X	X	X	X														X			X	X	X			
Science	12. Understand the nature of scientific inquiry.										X										X	X	X	X					X						X						X	
Mathematics (*CC*): Mathematical Principles	1. Make sense of problems and persevere in solving them.																				X	X	X	X							X	X	X								X	
Physical Ed.	5. Understand the social and personal responsibility associated with participation in physical activity.																								X	X	X								X	X		X	X	X	X	
Arts: Theater	5. Understand how informal and formal theater, film, television, and electronic media productions create and communicate meaning.																												X	X	X	X	X	X		X		X				X
Life Skills: Self-Regulation	1. Set and manage goals.	X		X			X	X													X	X	X	X	X												X				
	2. Perform self-appraisal.	X	X	X			X	X	X							X	X	X	X		X				X												X	X			
	3. Consider risks.														X	X	X	X			X			X	X												X	X			
	4. Demonstrate perseverance.	X	X	X	X	X	X	X									X	X			X	X	X	X	X		X	X	X								X	X	X	X	X
	5. Maintain a healthy self-concept.			X	X				X						X	X	X	X	X	X						X				X	X		X			X	X	X			
	6. Restrain impulsivity.	X	X	X			X	X	X		X	X	X		X	X	X	X	X	X						X	X	X		X	X		X	X	X						
Life Skills: Thinking and Reasoning	3. Effectively use mental processes that are based on identifying similarities and differences.		X						X		X	X	X	X												X				X	X		X	X	X	X	X				
	5. Apply basic troubleshooting and problem-solving techniques.										X	X	X		X	X	X	X	X	X	X	X	X	X	X									X	X		X	X	X	X	X	
	6. Apply decision-making techniques.				X												X	X			X	X	X	X	X												X	X	X	X	X	
Life Skills: Working with Others	1. Contribute to the overall effort of a group.	X	X						X		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				X	X	X				X	X	X	X		
	2. Use conflict-resolution techniques.		X		X				X		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X									X	X	X		X	X	X	X	X
	3. Work well with diverse individuals and in diverse situations.		X						X		X	X	X	X							X	X	X								X		X	X	X		X	X	X	X	
	4. Display effective interpersonal communication skills.	X	X		X				X		X	X	X	X					X	X	X	X	X	X	X	X					X	X	X	X	X		X	X	X	X	
	5. Demonstrate leadership skills.	X	X		X							X	X	X					X	X	X	X	X	X	X						X	X	X	X	X		X	X	X	X	