

Achilles Tendon Rupture

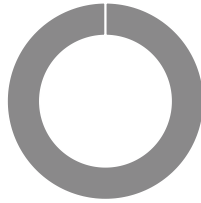
Age: 24 (01 Jan 2000)

Assigned Programs

📅 Last 35 days 📅 0 sessions

0%

Average completion



Single Leg Hop Test

Max Best Impulse

Left

413 N s

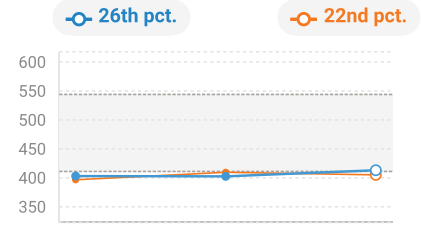
↑ 2.6%

Right

405 N s

↓ 1.1%

Asym. 1.9% Left



Single Leg Squat Assessment

Avg Peak Force

Left

1104.0 N

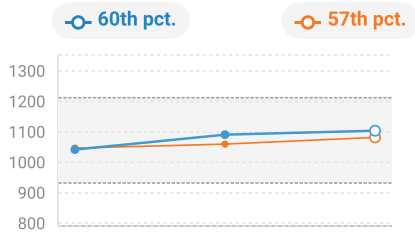
↑ 1.2%

Right

1082.0 N

↑ 2.1%

Asym. 2% Left



Ankle Dorsiflexion Long Sittin...

Max Force Left and Right Side

Left

187N

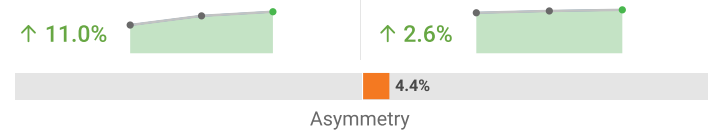
↑ 11.0%

Right

196N

↑ 2.6%

Asymmetry 4.4%



Ankle Plantar Flexion - Seate...

Max Force - Left & Right Side

Left

299N

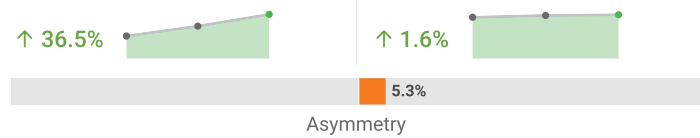
↑ 36.5%

Right

316N

↑ 1.6%

Asymmetry 5.3%



Ankle Dorsiflexion Long Sittin...

Peak ROM Left and Right Side

Left

18°

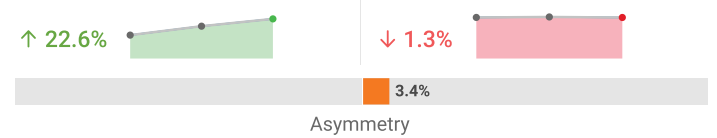
↑ 22.6%

Right

19°

↓ 1.3%

Asymmetry 3.4%



Squat Assessment

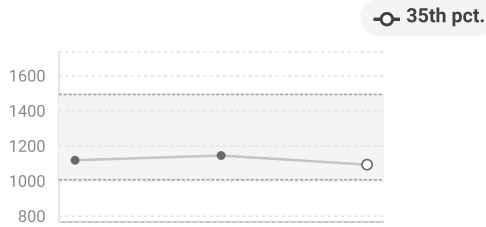
Max Peak Force - Bilateral Total

1093.6

N

↓ 4.5%

Asym. 4.7% Right



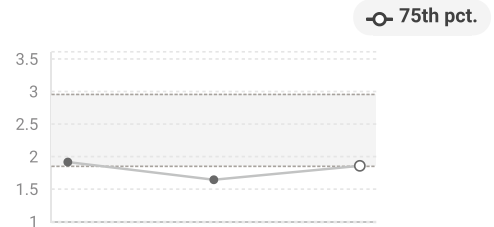
Sit to Stand to Sit

Max Time to Stand

1.858

S

↑ 13.0%



Single Leg Stand

Avg Total Excursion

Left

249mm

↓ 5.5%

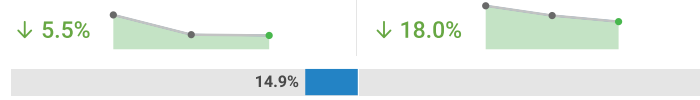
Right

212mm

↓ 18.0%

14.9%

Asymmetry



Ankle Plantar Flexion Long Sit...

Peak ROM Left and Right Side

Left

52°

↑ 46.8%

Right

53°

↑ 3.1%

1.7%

Asymmetry

