MD Today Urgent Care
3830 Valley Centre Drive, Suite 702
San Diego, CA 92130
858-369-1416

Palomar Health Urgent Care — Ramona
211 13th St., Ramona, CA 92065
760-789-5174

Rady Children's Urgent Care*
3605 Vista Way, Suite 172, Oceanside, CA 92056
760-547-1000

South Bay

Concentra Urgent Care
542 Broadway, Suite G, Chula Vista, CA 91910
619-425-8212

Concentra Urgent Care
102 Mile of Cars Way, National City, CA 91950
619-474-9211

Rady Children's Urgent Care*
Terra Nova Plaza
386 East H St., Suite 202, Chula Vista, CA 91910
858-966-1720

San Ysidro Health Urgent Care
333 H St., Suite 2080, Chula Vista, CA 91910
619-662-4100

San Ysidro Health Urgent Care
678 Third Ave., Chula Vista, CA 91910
619-662-4100

San Ysidro Health Urgent Care
404 Euclid Ave., Suite A, San Diego, CA 92114
619-662-4100

South Bay Urgent Care
1628 Palm Ave., San Diego, CA 92154
619-591-9999

*Services only for members age 17 and younger

Urgent Care vs. Emergency Room: Which Should You Choose?

Urgent Care

- Wait times are generally shorter
- Lower copay
- Open after business hours
- Located throughout San Diego County
- Some locations offer appointments
- Should be used for illnesses and injuries that are not life- or limb-threatening but still need to be taken care of quickly

Emergency Room

- Wait times are generally longer
- Higher copay
- Open 24/7
- Should be used for conditions that are potentially life- or limb-threatening, such as chest pain, trouble breathing, sudden severe pain, head or back injuries, continuous bleeding or vomiting, loss of consciousness, poisoning, major burns and cuts

If you have questions, please contact us at 1-877-518-7264. If you are experiencing a life- or limb-threatening emergency, call 911 or go to the nearest emergency room.

SHARP
San Diego's Health Care Leader

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Sharp Community Medical Group
Urgent Care



SHARP

Patients of Sharp Community Medical Group have options when choosing urgent care.

Please call the location for hours of operation.

MARQUE URGENT CARE

Marque Medical has five state-of-the-art facilities in San Diego offering:

- Virtual urgent care
- Online scheduling with wait times shown online
- On-site labs and digital X-rays

Schedule a visit at marquemedical.com.

Marque Urgent Care — Chula Vista (Eastlake)
2315 Otay Lakes Road, Suite 306, Chula Vista, CA 91914
619-303-5500

Marque Urgent Care — Chula Vista (Sunbow)
605 East Palomar St., Suite 103, Chula Vista, CA 91911
619-303-5500



Marque Urgent Care — Grossmont
6136 Lake Murray Blvd., La Mesa, CA 91942
619-303-5500

Marque Urgent Care — Pacific Beach
4490 Fanuel St., San Diego, CA 92109
619-303-5500

Marque Urgent Care — UTC/University City
4085 Governor Drive, San Diego, CA 92122
619-303-5500

Sharp Community Medical Group patients also have access to these urgent care locations:

Central San Diego

Concentra Urgent Care
3930 Fourth Ave., Suite 200, San Diego, CA 92103
619-297-9610

Concentra Urgent Care
5575 Ruffin Road, Suite 100, San Diego, CA 92123
858-277-2744

Rady Children's Urgent Care*
4305 University Ave., Suite 150, San Diego, CA 92105
619-280-2905

Urgent Care & More
3434 Midway Drive, Suite 1002, San Diego, CA 92110
619-225-6200

East County

Concentra Urgent Care
9745 Prospect Ave., Suite 100, Santee, CA 92071
619-448-4841

North County

Concentra Urgent Care
5810 El Camino Real, Suite A, Carlsbad, CA 92008
760-929-8269

Concentra Urgent Care
860 West Valley Parkway, Suite 150
Escondido, CA 92025
760-740-0707

Concentra Urgent Care
25115 Madison Ave., Murrieta, CA 92562
951-600-9070

Concentra Urgent Care
3910 Vista Way, Suite 106, Oceanside, CA 92056
760-941-2000

Concentra Urgent Care
740 Nordahl Road, Suite 131, San Marcos, CA 92069
760-432-9000

Graybill Urgent Care
225 East Second Ave., Building 2, Suite 103
Escondido, CA 92025
760-291-6777

MD Today Urgent Care
10605 Scripps Poway Parkway, Suite C
San Diego, CA 92131
858-396-1665

*Services only for members age 17 and younger