

Sharp Community Medical Group Urgent Care



Patients of Sharp Community Medical Group have options when choosing urgent care.

Please call the location for hours of operation.



Marque Medical has four state-of-the-art facilities in San Diego offering:

- Virtual urgent care
- Online scheduling with wait times shown online
- On-site labs and digital X-rays

Schedule a visit at [marquemedical.com](https://www.marquemedical.com).

Marque Urgent Care — Chula Vista

2315 Otay Lakes Road, Suite 306
Chula Vista, CA 91914
1-877-693-6266



Marque Urgent Care — La Mesa

6136 Lake Murray Blvd., La Mesa, CA 91942
1-877-693-6266

Marque Urgent Care — Pacific Beach

4490 Fanuel St., San Diego, CA 92109
1-877-693-6266

Marque Urgent Care — UTC

4085 Governor Drive, San Diego, CA 92122
1-877-693-6266

Sharp Community Medical Group patients also have access to these urgent care locations:

Central San Diego

Concentra Urgent Care

3930 Fourth Ave., Suite 200, San Diego, CA 92103
619-297-9610

Concentra Urgent Care

5575 Ruffin Road, Suite 100, San Diego, CA 92123
858-277-2744

Rady Children's Urgent Care*

4305 University Ave., Suite 150, San Diego, CA 92105
619-280-2905

Urgent Care & More

3434 Midway Drive, Suite 1002, San Diego, CA 92110
619-225-6200



*Services only for members age 17 and younger

East County

Concentra Urgent Care

9745 Prospect Ave., Suite 100, Santee, CA 92071
619-448-4841

North County

Concentra Urgent Care

5810 El Camino Real, Suite A, Carlsbad, CA 92008
760-929-8269

Concentra Urgent Care

860 West Valley Parkway, Suite 150
Escondido, CA 92025
760-740-0707

Concentra Urgent Care

25115 Madison Ave., Murrieta, CA 92562
951-600-9070

Concentra Urgent Care

3910 Vista Way, Suite 106, Oceanside, CA 92056
760-941-2000

Concentra Urgent Care

740 Nordahl Road, Suite 131, San Marcos, CA 92069
760-432-9000

Palomar Health Urgent Care — Escondido

225 East Second Ave., Building 2, Suite 103
Escondido, CA 92025
760-291-6777

Palomar Health Urgent Care — Poway

Pomerado Outpatient Pavilion
15611 Pomerado Road, Third Floor, Poway, CA 92064
858-675-3200

Palomar Health Urgent Care — Ramona

211 13th St., Ramona, CA 92065
760-789-5174

Rady Children's Urgent Care*

3605 Vista Way, Suite 172, Oceanside, CA 92056
760-547-1000

South Bay

Concentra Urgent Care

542 Broadway, Suite G, Chula Vista, CA 91910
619-425-8212

Concentra Urgent Care

102 Mile of Cars Way, National City, CA 91950
619-474-9211

Rady Children's Urgent Care*

Terra Nova Plaza
386 East H St., Suite 202, Chula Vista, CA 91910
858-966-1720

San Ysidro Health Urgent Care

333 H St., Suite 2080, Chula Vista, CA 91910
619-662-4100

San Ysidro Health Urgent Care

678 Third Ave., Chula Vista, CA 91910
619-662-4100

South Bay Urgent Care

1628 Palm Ave., San Diego, CA 92154
619-591-9999

Urgent Care vs. Emergency Room: Which Should You Choose?

Urgent Care

- Wait times are generally shorter
- Lower copay
- Open after business hours
- Located throughout San Diego County
- Some locations offer appointments
- Should be used for illnesses and injuries that are not life- or limb-threatening but still need to be taken care of quickly

Emergency Room

- Wait times are generally longer
- Higher copay
- Open 24/7
- Should be used for conditions that are potentially life- or limb-threatening, such as chest pain, trouble breathing, sudden severe pain, head or back injuries, continuous bleeding or vomiting, loss of consciousness, poisoning, major burns and cuts

If you have questions, please contact us at **1-877-518-7264**. If you are experiencing a life- or limb-threatening emergency, call **911** or go to the nearest emergency room.



*Services only for members age 17 and younger