

Sharp Community Medical Group  
Urgent Care



**SHARP**

Patients of Sharp Community Medical Group have options when choosing urgent care.

Please call the location for hours of operation.



**Marque Medical has four state-of-the-art facilities in San Diego offering:**

- Virtual urgent care
- Online scheduling with wait times shown online
- On-site labs and digital X-rays

Schedule a visit at [marquemedical.com](https://marquemedical.com).

**Marque Urgent Care — Chula Vista**

2315 Otay Lakes Road, Suite 306

Chula Vista, CA 91914

1-877-693-6266



### **Marque Urgent Care — La Mesa**

6136 Lake Murray Blvd., La Mesa, CA 91942

1-877-693-6266

### **Marque Urgent Care — Pacific Beach**

4490 Fanuel St., San Diego, CA 92109

1-877-693-6266

### **Marque Urgent Care — UTC**

4085 Governor Drive, San Diego, CA 92122

1-877-693-6266

**Sharp Community Medical Group  
patients also have access to these  
urgent care locations:**

### **Central San Diego**

#### **Concentra Urgent Care**

3930 Fourth Ave., Suite 200, San Diego, CA 92103

619-297-9610

#### **Concentra Urgent Care**

5575 Ruffin Road, Suite 100, San Diego, CA 92123

858-277-2744

#### **Rady Children's Urgent Care\***

4305 University Ave., Suite 150, San Diego, CA 92105

619-280-2905

#### **Urgent Care & More**

3434 Midway Drive, Suite 1002, San Diego, CA 92110

619-225-6200

\*Services only for members age 17 and younger

## **East County**

### **Concentra Urgent Care**

9745 Prospect Ave., Suite 100, Santee, CA 92071  
619-448-4841

## **North County**

### **Concentra Urgent Care**

5810 El Camino Real, Suite A, Carlsbad, CA 92008  
760-929-8269

### **Concentra Urgent Care**

860 West Valley Parkway, Suite 150  
Escondido, CA 92025  
760-740-0707

### **Concentra Urgent Care**

25115 Madison Ave., Murrieta, CA 92562  
951-600-9070

### **Concentra Urgent Care**

3910 Vista Way, Suite 106, Oceanside, CA 92056  
760-941-2000

### **Concentra Urgent Care**

740 Nordahl Road, Suite 131, San Marcos, CA 92069  
760-432-9000

### **Graybill Urgent Care**

225 East Second Ave., Building 2, Suite 103  
Escondido, CA 92025  
760-291-6777

### **Palomar Health Urgent Care — Poway**

Pomerado Outpatient Pavilion

15611 Pomerado Road, Third Floor, Poway, CA 92064

858-675-3200

### **Palomar Health Urgent Care — Ramona**

211 13th St., Ramona, CA 92065

760-789-5174

### **Rady Children's Urgent Care\***

3605 Vista Way, Suite 172, Oceanside, CA 92056

760-547-1000

## **South Bay**

### **Concentra Urgent Care**

542 Broadway, Suite G, Chula Vista, CA 91910

619-425-8212

### **Concentra Urgent Care**

102 Mile of Cars Way, National City, CA 91950

619-474-9211

### **Rady Children's Urgent Care\***

Terra Nova Plaza

386 East H St., Suite 202, Chula Vista, CA 91910

858-966-1720

### **San Ysidro Health Urgent Care**

333 H St., Suite 2080, Chula Vista, CA 91910

619-662-4100

### **San Ysidro Health Urgent Care**

678 Third Ave., Chula Vista, CA 91910

619-662-4100

### **South Bay Urgent Care**

1628 Palm Ave., San Diego, CA 92154

619-591-9999

\*Services only for members age 17 and younger

# Urgent Care vs. Emergency Room: Which Should You Choose?

## Urgent Care

- Wait times are generally shorter
- Lower copay
- Open after business hours
- Located throughout San Diego County
- Some locations offer appointments
- Should be used for illnesses and injuries that are not life- or limb-threatening but still need to be taken care of quickly

## Emergency Room

- Wait times are generally longer
- Higher copay
- Open 24/7
- Should be used for conditions that are potentially life- or limb-threatening, such as chest pain, trouble breathing, sudden severe pain, head or back injuries, continuous bleeding or vomiting, loss of consciousness, poisoning, major burns and cuts

If you have questions, please contact us at 1-877-518-7264.  
If you are experiencing a life- or limb-threatening emergency, call 911 or go to the nearest emergency room.