

# CitrusBurn Ingredients Label & Complete List Of Ingredients

CitrusBurn's ingredients label features a series of thoughtfully selected botanicals, including Seville Orange Peel, Spanish Red Apple Vinegar, Andalusian Red Pepper, Himalayan Mountain Ginger, Ceremonial Green Tea, Berberine, and Korean Red Ginseng — each included to naturally support metabolism, appetite balance, energy, and metabolic efficiency.

**Suggested Use:** As a dietary supplement, take one (1) capsule daily.

**CAUTION/WARNING:** Do not exceed recommended dose. Not for use for those under the age of 18 or pregnant or nursing mothers. Consult with a physician prior to use especially if you are taking a medication or have a medical condition.

**Storage:** Store this product in a cool dry place below 30°C (86°F).

**KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed By: Citrus Burn  
Aurora, CO 80011  
support@citrusburn.com  
1-800-390-6035

# CITRUS BURN™

SPECIALLY FORMULATED  
THERMOGENIC BLEND†

30 CAPSULES  
DIETARY SUPPLEMENT



## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 30

	Amount Per Serving	% Daily Values
Chromium (as Chromium Picolinate)	100 mcg	286%
<b>Proprietary Blend</b>	<b>510 mg</b>	<b>*</b>
Green Tea ( <i>Camellia sinensis</i> ) Leaf Extract, Apple Cider Vinegar, Berberine HCL, Ginger ( <i>Zingiber officinale</i> ) Root, Cinnamon ( <i>Cinnamomum cassia</i> ) Bark Extract, Bitter Orange ( <i>Citrus aurantium</i> L.) Fruit Extract, Cayenne ( <i>Capsicum annuum</i> ) Fruit, Banaba ( <i>Lagerstroemia speciosa</i> ) Leaf Extract, Ginseng Korean ( <i>Panax ginseng</i> ) Aerial Extract, Resveratrol (from <i>Polygonum cuspidatum</i> Root Extract)		

Percent Daily Values are based on a 2,000 calorie diet. \*Daily Value not established.

**Other Ingredients:** Hypromellose (Vegetable Capsule), Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide.

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From a nutritional perspective, **the CitrusBurn ingredients label** reflects a blend of botanicals chosen for their traditional use in metabolic and digestive support, all grounded in well-studied nutritional principles.

**Seville Orange Peel** ([p-synephrine](#)) is central on **CitrusBurn's ingredients list**. This extract provides p-synephrine, a naturally occurring compound that has been studied for its association with gentle metabolic activation and support for calorie utilization without overstimulating the nervous system — an important consideration for individuals seeking balanced energy support.

**Spanish Red Apple Vinegar** appears next, contributing [acetic acid](#) and other compounds traditionally associated with appetite awareness and digestive comfort. Nutritionally, apple vinegar is linked to improved feelings of satiety, which can help support mindful eating patterns when combined with a balanced diet.

**Andalusian Red Pepper**, rich in [capsaicinoids](#), is included for its thermogenic properties. Capsaicin and related compounds can modestly influence post-meal energy expenditure, which may help support fat metabolism during daily calorie use.

[Himalayan Mountain Ginger](#) is traditionally valued for its digestive benefits, including enhanced circulation, reduced bloating, and craving support. Within this formula, ginger's role complements overall metabolic balance without resorting to harsh stimulants.

[Ceremonial Green Tea Extract](#) contributes catechins and antioxidants that are well recognized in nutrition science for supporting fat oxidation and clean energy metabolism. These elements may help support sustained metabolic processes throughout the day.

Two additional plant compounds — [Berberine](#) and [Korean Red Ginseng](#) — round out **the CitrusBurn ingredients label**. Berberine is associated with healthy glucose metabolism and insulin sensitivity, which are important for balanced energy use. Korean Red Ginseng offers adaptogenic support, traditionally used to foster energy resilience, stress modulation, and hormonal balance.

Collectively, **CitrusBurn's ingredients list** reflects a formula designed to support metabolic efficiency, appetite awareness, and digestive wellbeing through natural, plant-based nutrition. Each component has a history of use that aligns with holistic metabolic support.

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If you're exploring metabolic support within a balanced lifestyle, this formula merits consideration as part of a comprehensive approach to nutritional health. I invite you to try CitrusBurn with thoughtful expectations and see how it complements your wellbeing goals.

Christopher Johnson, CNS  
Certified Nutrition Specialist  
Wellness Evolution Institute