

LIFESTREAM®

Get in a healthy flow! This natural supplement is designed to address the circulatory system with water element herbs that help promote balance and fluidity throughout the body. Lifestream® also supports the body's digestive system and cleansing process with naturally derived antioxidants and phytonutrients.

BENEFITS

- Promotes the circulatory system and cardiovascular health
- · Good source of antioxidants
- Supports the digestive system and overall health
- Specially formulated for optimal absorption



HOW TO USE

Take two capsules three times a day at meal time.

MAHALAGANG PAALALA: ANG PRODUKTONG ITO AY HINDI GAMOT AT HINDI DAPAT GAMITING PANGGAMOT SA ANUMANG URI NG SAKIT

(Important notice: The product is not medicine and is not to be used for treating diseases)



Lifestream® 100 Capsules/Bottle Code Number: 2021125

INGREDIENTS

Cassia Tora Leaf (Cassia tora), Chrysanthemum Flower (Chrysanthemum indicum), Orange Peel (Citri reticulata), Poria (Poria cocos). In a vegetable-based capsule.

Nutrition Info

Serving Size 2 capsules (1.05g) Servings Per Container 50

Amount Per Serving

Calories 3

	%RENI*
Total Fat 0g	0%
Sat. Fat 0g	0%
Sodium 8mg	<1%
Total Carb. <1g	0%
Dietary Fiber <1g	2%
Protein 0g	

Iron 2%

*Percent Recommended Energy & Nutrient Intake (RENI) values are based on a 2,000 calorie diet.

INGREDIENT HIGHLIGHTS

CASSIA TORA LEAF

A good source of antioxidants and fiber, cassia tora seed is used in traditional herbal medicine to support digestive health and the elimination process.

CHRYSANTHEMUM FLOWER

In TCM, chrysanthemum is used to help regulate blood pressure, cool the body, and reduce inflammation, all of which can help to induce calmness.

PORIA (MUSHROOM POWDER)

Long used in traditional herbal medicine as a therapeutic tonic, this type of mushroom supports the immune system and the removal of toxins.

ORANGE PEEL

Organe peels are full flavonoids that are known to lower cholesterol and regulate blood pressure.

FAQs

Q: What is the role of water element herbs?

A: Water element herbs promote balance and fluidity in the body. They primarily address the kidneys and bladder, the two organs most associated with this element in traditional Chinese medicine. When this element is in balance, you are observant, introspective, and calm. When it's out of balance, you can become isolated, fearful, and forgetful.



NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.