

**L.S.™**

A super-concentrated herbal supplement. L.S.™ is formulated with ginger, an ingredient used in Traditional Chinese Medicine (TCM) to help relieve digestive disturbances such as upset stomach, lack of appetite, nausea, digestive spasms, and flatulence. Ginger is also traditionally used in herbal medicine to help relieve the symptoms of bronchitis, as well as coughs and colds.

## BENEFITS

- Supports a healthy digestive system
- Supports the maintenance of optimal health
- Super-concentrated for maximum effectiveness
- Specially formulated for optimal absorption



100 capsules

#20211

## INGREDIENT HIGHLIGHTS

### CASSIA TORA SEED

Cassia tora seed is used in TCM to cool the liver and benefit the eyes. It also contains fiber, antioxidant activities, and cleansing properties to support cardiovascular health, the liver, eyesight and the elimination process.

### GINGER ROOT

The root of this fragrant herb is commonly used as a digestive aid and as a natural remedy for nausea.

### GOU TENG VINE

In TCM, gou teng is used to extinguish liver wind and support healthy blood pressure.

### SOPHORA FLOWER

This tree flower has astringent qualities and contains flavonoids, phytonutrients with antioxidant properties.

## HOW TO USE

Adults: Take 2 capsules twice daily. Consult a health care practitioner for use beyond 3 months.

## FAQs

**Q: How does ginger help address an upset stomach and motion sickness?**

**A:** Ginger is a traditional and popular natural remedy for an upset stomach or motion sickness. Ginger possesses properties that help relieve indigestion. Ginger contains gingerol, a bioactive compound inside the ginger root. Clinical study has indicated that gingerol has a beneficial effect in helping to reduce nausea and vomiting.

**Q: What does liver wind refer to?**

**A:** In TCM, liver wind is a condition that manifests in symptoms such as headaches, lightheadedness, restlessness, and elevated blood pressure.

### Medicinal Ingredients / Ingrédients médicinaux ; Each capsule contains / Chaque gélule contient :

Cassia Tora Seed / Graine de cassia (Cassia tora)	
(3:1 extract / extrait = 78.75 mg crude / brut)	26.25 mg
Gou Teng Vine / Liane de Gou Teng (Uncaria rhynchophylla)	
(3:1 extract / extrait = 78.75 mg crude / brut)	26.25 mg
Chrysanthemum Flower / Fleur de chrysanthème (Chrysanthemum indicum)	
(3:1 extract / extrait = 39.4 mg crude / brut)	13.13 mg
Ginger Root Rhizome / Rhizome de gingembre (Zingiber officinale)	
(3:1 extract / extrait = 39.4 mg crude / brut)	13.13 mg
Mandarin Orange Peel / Pelure de mandarine (Citrus reticulata)	
(3:1 extract / extrait = 39.4 mg crude / brut)	13.13 mg
Pinellia Prepared Rhizome / Rhizoma pinelliae preparatum (Pinellia ternata)	
(3:1 extract / extrait = 39.4 mg crude / brut)	13.13 mg
Sophora Flower / Fleur de sophora du Japon (Sophora japonica)	
(3:1 extract / extrait = 39.4 mg crude / brut)	13.13 mg
Taizishen Root / Racine de taizishen (Pseudostellaria heterophylla)	
(3:1 extract / extrait = 19.7 mg crude / brut)	6.56 mg
Ginseng Root / Racine de ginseng (Panax ginseng)	
(3:1 extract / extrait = 19.7 mg crude / brut)	6.56 mg

**Non-medicinal Ingredients / Ingrédients non médicinaux :** Hypromellose.

**In a vegetable-based capsule / En gélule à base végétale**

The information provided for the Recommended Use is applicable to products sold in Canada only. Please note that daily dosage and labeling instructions differ between Canada and the United States. Also, please be aware that everyone's body is unique and may react differently to our products. The Recommendation for this product should be treated as the maximum daily recommended dosage for adults.



## NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.