

## ESE™

Our relaxing Ese™ formula naturally soothes anxiety, stress, and sleeplessness, so you feel calm, rested, rejuvenated, and ready to be your best. Valerian root alleviates tension, muscle spasms, and congestion while antioxidant-rich gou teng and Sophora japonica support immunity. Ese™ is non-habit forming and won't cause drowsiness.

### BENEFITS

- Natural herbal formula promotes calm and well-being
- Helps remedy anxiety, stress, restlessness, and sleeplessness
- Supports mental clarity
- No added stimulants or artificial ingredients
- Non-habit forming



Owner  
Expertise  
Formulation



Kosher  
Certified



Self-  
Manufactured  
in the USA



Halal  
Certified



Made with  
Natural  
Ingredients



NSF  
Certified



100 capsules

#20261

### INGREDIENT HIGHLIGHTS

#### VALERIAN ROOT

This herb has long been used as a mild sedative to alleviate tension, stress, and insomnia. It also holds the power to ease congestion and relieve muscle spasms.

#### GOU TENG

This ancient Chinese herb, *Uncaria rhynchophylla*, has been used for centuries to support healthy blood pressure. Its significant antioxidant properties may also boost immunity, digestion, and circulation.

#### SOPHORA JAPONICA

This flower from the sophora tree contains two potent flavonoids, troxerutin and oxymatrine, which exhibit strong antioxidant activity and support circulatory system health.

### FAQs

**Q: Is Ese™ habit forming?**

**A:** Although it is extremely effective at soothing tension and stress, Ese™ is non-habit forming and will not make you drowsy. As its name states, Ese™ helps you “ease” through the day.

**Q: Does Ese™ contain stimulants or questionable ingredients?**

**A:** No, it is a natural herbal formula. Unlike many other mood, focus, and energy enhancing supplements, Ese™ is free of added stimulants and questionable or artificial ingredients.

**Q: Can anyone benefit from Ese™?**

**A:** Yes, this naturally powerful formula is ideal for anyone who wants to improve their mental clarity, cognitive function, and performance while managing stress at work, school, and in everyday life.

### HOW TO USE

One or two capsules (as desired) at meal time.



#### NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.