

# TOP<sup>®</sup> FOCUS

Our new brain-boosting formula helps support focus, memory, and mental speed. Fortified with powerful Gingko biloba, this nourishing complex of herbal extracts, minerals, amino acids, and vitamins supports cognitive function while fueling multiple neural pathways. Ideal for work, school, sports, and anytime you need to perform at your best.

## BENEFITS

- Supports focus, mental clarity, and memory
- Promotes confidence and calm alertness
- Fast-acting—feel sharper in 15 minutes
- Natural ingredients, with no added stimulants
- Crash-free, jitter-free, non-habit forming



## **HOW TO USE**

For best results, we recommend taking 1 to 2 capsules of Top® Focus during the morning or afternoon or when you want to feel alert and ready to perform.

Take one or two capsules as needed with or without food.



# NOURISH + CLEANSE = BALANCE

Sunrider<sup>®</sup> products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration<sup>®</sup>. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.



#0153927

40 Vegan Capsules

INGREDIENTS

L-alpha Glycerophosphorylcholine 68 mg, Ginkgo Biloba Extract 68 mg, Phosphatidylserine 44.625 mg, Corn Starch, Soybean Phospholipids, DHA Rich Oil from Microalgae (Schizochytrium spl), Green Tea (Camellia Sinensis) extract, Silica, Tocopheryl Acid Succinate, Coenzyme Q-10, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate, Folic Acid, Chrimium Chloride, Sodium Selenate, Biotin and Cyanocobalamin.

Nutrition	Amount Per Serving	%DV*
Calories	5	
Total Carbohydrate	1g	<1%
Vitamin E	14.2mg	100%
(as d-a-tocopherol	0	
succinate)		
Thiamin	1.0mg	80%
Riboflavin	1.1mg	80%
Niacin	10.4mg	70%
Vitamin B6	1.4mg	80%
(as pyridoxine HCI)		
Folate (as folic acid)	340mcg	90%
Vitamin B12	4.8mcg	200%
Biotin	25.5mcg	90%
Pantothenic acid	4.3mg	90%
(as calcium		
pantothenate)		
Zinc	4.4mg	40%
Selenium	22mcg	40%
Chronium	52.5mcg	150%
* Percent Daily Values are based on a 2.000 calorie diet.		

## INGREDIENT HIGHLIGHTS

#### **GINGKO BILOBA**

This plant contains high levels of flavonoids and terpenoids, compounds known for their strong antioxidant effects, which may include neuroprotective benefits.

## NATURAL CHOLINE

This natural choline compound, L-Alpha Glycerylphosphorylcholine, increases the release of the neurotransmitter acetylcholine, which has been shown to support learning, focus, and memory.

### VITAMIN B9 (FOLATE) & VITAMIN B12

Folate is believed to slow age-related cognitive and memory decline while vitamin B12 helps in the production of neurotransmitters, which relay messages in the nervous system and brain.

## PHOSPHOLIPIDS

Phosphatidylserine is a phospholipid that covers and protects the cells in your brain and carries messages between them. It plays an important role in keeping your mind and memory sharp.

# FAQs

#### Q: How is Top<sup>®</sup> Focus different from other "mental performance" products?

A: Many of these products contain stimulants, or they contain just a few key ingredients that only work on one neural pathway. Top® Focus is different because we synergize herbal extracts such as Gingko biloba, and green tea, plus minerals, amino acids, lipids, and vitamins known to support brain health and function.

#### A: How long do the benefits last, and will it negatively affect my mood or sleep?

Q: Top® Focus starts working in 15 minutes and lasts for about 4 hours. Made with select natural ingredients and free of sugars and added stimulants, it won't make you feel agitated, cause an energy crash, or interfere with sleep.

