

CONCO®

Breathe easy and feel balanced with this highly concentrated, nourishing formula. Conco® helps bring your respiratory system into balance with “metal element” herbs that support your overall health. Chuan xiong root promotes healthy circulation while golden bell fruit and bamboo leaf support healthy respiration, digestion, and circulation.

BENEFITS

- Highly concentrated, natural herbal formula
- Balances your respiratory system
- Promotes healthy digestion and circulation



HOW TO USE

Sprinkle a teaspoon on food at meal time to provide extra nourishment or mix a teaspoon in 250mL of water and drink as tea.



PRODUCT CODE

50g bottle

#20201

INGREDIENTS

Angelica Root, Mint, Licorice, Ginger, Dandelion, Burdock Seed, Bamboo Leaf, Chinese Catmint.

Nutrition Info	
Serving Size: 1g	
Amount Per Serving	
Energy	16 kJ
Protein	0.12 g
Fat, total	0.05 g
- Saturated	0.01 g
Carbohydrate	0.7 g
- Sugars	0.05 g
Sodium	1.8 mg

INGREDIENT HIGHLIGHTS

CHUAN XIONG ROOT

Also known as lovage, this “warming” root supports healthy circulation.

GOLDEN BELL FRUIT

Also known as forsythia and lian qiao, this fruit addresses your respiratory system and skin.

BAMBOO LEAF

High in fiber, this “cooling” herb aids digestion and contains silica to strengthen your skin and bones.

FAQs

Q: What is the “metal element”?

A: In Traditional Chinese Medicine, health is the balance of five elements: wood, fire, earth, metal, and water. Each element has its own qualities in your body. Metal is associated with the lungs and large intestines, and its characteristics are determination, precision, and organization. The “metal element” herbs in Conco® help balance your body with a combination of “warming” (cleansing, Yang energy) and “cooling” (nourishing, Yin energy) herbs.

Q: How do I know if I have a “metal imbalance”?

A: In Traditional Chinese Medicine, when your “metal element” is in balance, you may feel like you can do anything. Conversely, “metal imbalance” can negatively affect your respiratory, digestive, and skin health while adversely affecting your mood, causing grief or sadness.

Sunrider® products are not intended for use in the diagnosis, cure, mitigation, prevention, or treatment of any medical condition.



NOURISH + CLEANSE = BALANCE

Sunrider products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish your body with only the finest natural ingredients and cleanse it from harmful chemicals, artificial colours, flavours, and preservatives, you bring your body into balance. A balanced body is a healthy body.

For more information please speak to the person who provided this fact sheet to you or contact Sunrider Australia.

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