

# TOP® FOCUS

Our new brain-boosting formula helps support focus, memory, and mental speed. Fortified with powerful Ginkgo biloba, this nourishing complex of herbal extracts, minerals, amino acids, and vitamins supports cognitive function while fueling multiple neural pathways.\* Ideal for work, school, sports, and anytime you need to perform at your best.

## BENEFITS

- Supports focus, mental clarity, and memory\*
- Promotes confidence and calm alertness\*
- Fast-acting—feel sharper in 15 minutes\*
- Natural ingredients, with no added stimulants
- Crash-free, jitter-free, non-habit forming



40 Capsules

## INGREDIENT HIGHLIGHTS

### GINGKO BILOBA

This plant contains high levels of flavonoids and terpenoids, compounds known for their strong antioxidant effects, which may include neuroprotective benefits.\*

### NATURAL CHOLINE

This natural choline compound, L-Alpha Glycerolphosphorylcholine, supports the release of the neurotransmitter acetylcholine, which has been shown to support learning, focus, and memory.\*

### VITAMIN B9 (FOLATE) & VITAMIN B12

Folate is believed to slow age-related cognitive and memory decline while vitamin B12 helps in the production of neurotransmitters, which relay messages in the nervous system and brain.\*

### PHOSPHOLIPIDS

Phosphatidylserine is a phospholipid that covers and protects the cells in your brain and carries messages between them. It plays an important role in keeping your mind and memory sharp.\*

## FAQ'S

**Q: How is Top® Focus different from other “mental performance” products?**

**A:** Many of these products contain stimulants, or they contain just a few key ingredients that only work on one neural pathway. Top® Focus is different because we synergize herbal extracts such as Ginkgo biloba and green tea, plus minerals, amino acids, lipids, and vitamins known to support brain health and function.\*

**Q: How long do the benefits last, and will it negatively affect my mood or sleep?**

**A:** Top® Focus starts working in 15 minutes and lasts for about 4 hours. Made with select natural ingredients and free of sugars and added stimulants, it won't make you feel agitated, cause an energy crash, or interfere with sleep.

## HOW TO USE

**Direction:** Take two capsules with or without food

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## INGREDIENTS

Phosphatidylcholine (Choline), Ginkgo Biloba Extract (Ginkgo biloba, leaves), Corn Starch, **SOY**-derived Phosphatidylserine, **SOYBEAN** Oil Phospholipids, Schizochytrium sp Oil (Schizochytrium SP), Tyrosine, L-theanine, Zinc Gluconate, Resveratrol, Green Tea Extract (Camellia sinensis, leaves), Tocopheryl Acid Succinate (vitamin E), Coenzyme Q-10, Silicon Dioxide, Niacinamide (niacin), Calcium D-Pantothenate (pantothenic acid), Pyridoxine Hydrochloride (vitamin B6), Riboflavin (vitamin B2), Thiamine Mononitrate (vitamin B1), Pteroylmonoglutamic acid (Folic Acid), Chromium Chloride, Sodium Selenate, D-Biotin (Biotin), Cyanocobalamin (vitamin B12), Capsule Shell glazing agent (Hydroxypropyl methylcellulose).



## NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.

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Nutrition Information		
Per Daily Dose 2 Capsules		
		*NRV
Choline	136 mg	
Ginkgo biloba extract	136 mg	
Phosphatidylserine	66 mg	
Soybean phospholipids	51 mg	
DHA	51 mg	
Tyrosine	42,5 mg	
Theanine	42,5 mg	
Resveratrol	34 mg	
Green Tea Extract	34 mg	
Of which epigallocatechin gallate (EGCG)	15,7mg	
Of which caffeine	0,28 mg	
Vitamin B1	1,0 mg	91%
Vitamin B2	1,1 mg	79%
Niacin	10,4 mg NE	65%
Pantothenic Acid	4,3 mg	72%
Vitamin B6	1,4 mg	100%
Folic Acid	340 µg	170%
Biotin	25 µg	51%
Vitamin B12	5,1 µg	192%
Vitamin E	14,3 mg a-TE	119%
Chromium	159 µg	132%
Selenium	52 µg	40%
Silicium	17 mg	
Zinc	4,4 mg	44%

\*NRV=Nutrient Reference Value



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