

VITASHAKE® Strawberry

Support your nutritional needs and fuel your body. Crafted with a selection of naturally derived ingredients and enriched with essential vitamins, minerals, electrolytes, and prebiotic fructooligosaccharide (FOS), this nutrient-dense powder makes a convenient and wholesome addition to your daily routine. VitaShake® is naturally delicious and free from artificial sweeteners, flavours, and preservatives.

BENEFITS

- Supports daily nutrient intake as part of a balanced diet
- Provides a blend of macronutrients and micronutrients
- Convenient format to complement a healthy lifestyle
- Free from artificial sweeteners, flavours, and preservatives

FEATURES



Owner
Expertise
Formulation



Self-
Manufactured
in the USA



Kosher
Certified



Halal
Certified

FAQ

Q: What is VitaShake® and how can I enjoy it?

A: VitaShake® is a nutrient-dense powder made from naturally derived ingredients. It features a curated blend of powdered herbs, plus essential vitamins and minerals to help support daily nutritional intake. Designed to complement a balanced diet, VitaShake® can be enjoyed mixed with water or blended into a creamy shake using milk or a milk alternative. It's delicious, convenient, and fits easily into a healthy, active lifestyle.

HOW TO USE

Adults: Take one package per day, mixed with 180 mL–240 mL of water, in a shaker bottle. Take with food a few hours before or after taking other medications or natural health products. May be sweetened to taste.

Always read the product label – Use as directed.

The information provided for the Recommended Use is applicable to products sold in Canada only. Please note that daily dosage and labeling instructions differ between Canada and the United States. Also, please be aware that everyone's body is unique and may react differently to our products. The Recommendation for this product should be treated as the maximum daily recommended dosage for adults.

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INGREDIENT HIGHLIGHTS

COIX SEED

Derived from the Coix lacryma-jobi plant, coix seeds are traditionally used in herbal preparations and contain naturally occurring compounds such as polysaccharides, proteins, lipids, and polyphenols. These components contribute to the seed's nutritional profile and support its use in traditional wellness practices.

FRUCTOOLIGOSACCHARIDE (FOS)

FOS is a type of prebiotic that serves as a food source for beneficial gut bacteria. It is not digested by the body, allowing it to reach the colon where it supports the growth of probiotics and contributes to a balanced gut microbiota.

CALCIUM

An essential mineral that helps in the development and maintenance of bones and teeth. It also supports normal muscle function and contributes to overall health as an electrolyte.

BETA-CAROTENE

Beta-carotene is a provitamin A compound naturally found in many fruits and vegetables. In the body, it converts to vitamin A, which helps maintain eyesight, skin, membranes, immune function, and supports the development and maintenance of bones and teeth.

Medicinal ingredients / Ingrédients médicinaux :	
Each package (25 g) contains / Chaque sachet (25 g) contient :	
Coix seed / Graine de coix (Coix lacryma-jobi var. ma-yuen, Seed / Graine)	6.3 g
Soy fiber / Fibre de soja	1.25 g
Chinese yam / Ignam de Chine (Dioscorea polystachya, Rhizome)	785 mg
Fennel / Fenouil (Foeniculum vulgare, Seed / Graine)	785 mg
Fructooligosaccharides (Cichorium intybus, Root / Racine)	700 mg
Lulus (Nelumbo nucifera, Seed / Graine)	626 mg
Lulus rhizome root / Rhizome de Lulus (Nelumbo nucifera, Rhizome)	392.5 mg
Bulbus Ili (Lilium brownii, Bulb / Bulbe)	157 mg
Imperata / Imperata (Imperata cylindrica, Root / Racine)	100 mg
Magnesium / Magnésium (Magnesium oxide / Oxyde de magnésium)	80.6 mg
Phosphorus / Phosphore (Potassium phosphate, dibasic, calcium phosphate, tribasic / Phosphate de potassium, dibasique, phosphate de calcium, tribasique)	8.35 mg
Calcium (Calcium phosphate, tribasic, calcium carbonate, calcium D-pantothenate / Phosphate de calcium, tribasique, carbonate de calcium, D-pantothénate de calcium)	78.7 mg
Niacinamide / Nicotinamide ascorbate / Ascorbate de nicotinamide	6.35 mg
Vitamin E / Vitamine E (D-alpha-tocopheryl acetate / Acétate de D-alpha-tocophérol)	7.6 mg AT (9.3 mg)
Zinc (Zinc oxide / Oxyde de zinc)	3.76 mg
Beta-carotene / Bêta-carotène	2.5 mg
D-pantothenate of calcium / D-pantothénate de calcium	1.29 mg
Iron / Fer (Iron (II) fumarate / Fumarate de fer (II))	1.27 mg
Vitamin B6 / Vitamine B6 (Pyridoxine hydrochloride / Chlorhydrate de pyridoxine)	0.5 mg
Thiamine (Thiamine mononitrate / Mononitrate de thiamine)	0.44 mg
Riboflavin / Riboflavine	0.43 mg
Copper / Cuivre (Copper (II) gluconate / Gluconate de cuivre (II))	591 mcg
Iodine / Iode (Potassium iodide / Iodure de potassium)	382 mcg
Vitamin B12 / Vitamine B12 (Cyanocobalamin / Cyanocobalamine)	1.5 mcg
Non-medicinal ingredients / Ingrédients non médicinaux :	
Soy protein isolate, D-fructose, fragaria virginiana fruit, natural flavour, musa acuminata fruit, lecithin, caragellan, dried yeast, xanthan gum / Isolat de protéine de soja, D-fructose, fruit de fragaria virginiana, arôme naturel, fruit de musa acuminata, lécithine, carraghénine, levure déshydratée, gomme de xanthane	