

# JOI®

Live life in balance by making the mind-body connection with Joi®. Our unique herbal formula elevates your mood to ease tension and fatigue while enhancing your energy and well-being—you'll feel better and perform at your best. Siberian ginseng promotes mental clarity and sustained energy, while dong quai supports healthy circulation and white willow bark alleviates pain.

## BENEFITS

- Natural herbal formula
- Supports overall well-being
- Promotes positive mood and emotional balance
- Helps reduce tension and fatigue
- No added stimulants or artificial ingredients
- Non-habit forming



100 capsules

#2025127

## INGREDIENT HIGHLIGHTS

### SIBERIAN GINSENG

This ancient herb, eleuthero, promotes clear thinking and supports your body's ability to adapt to stress and sustain energy without the jitters or crash from stimulants like caffeine.

### DONG QUAI

Also known as angelica sinensis, this root has been used for thousands of years in China to support healthy circulation, aiding in the delivery of nutrients and oxygen to cells, to ultimately promote mental clarity and energy.

### WHITE WILLOW BARK

This bark helps alleviate headache, muscle, and joint pain. It also contains flavonoids, which provide antioxidant protection.



## INGREDIENTS

Herba Menthae, Salix Alba, Radix Et Rhizoma Seu Caulis, Acanthopanax Senticosi, Flos Lonicerae, Fructus Crataegi, Radix Angelicae Sinensis, Flos Albiziae, Rhizoma Chuanxiong and Hydroxypropyl Methylcellulose.

## FAQs

**Q: Is Joi® habit forming?**

**A:** Although it is extremely effective at balancing your mood, stress, and fatigue, Joi® is non-habit forming and will not make you drowsy. As its name states, Joi® helps you feel you best throughout the day.

**Q: Does Joi® contain stimulants or questionable ingredients?**

**A:** No, it is a natural herbal formula. Unlike many other mood, focus, and energy enhancing supplements, Joi® is free of added stimulants and questionable or artificial ingredients.

**Q: Why is the mind-body connection important?**

**A:** Research shows that emotional and mental health can directly affect our physical health. Joi® is specially formulated with natural ingredients to balance this mind-body interaction and improve overall health and well-being.

## HOW TO USE

Take one to two capsules three times a day at meal time.



## NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.