






VITASHAKE®

Feed your hunger and fuel your body with this nutrient-dense, balanced shake. Made from concentrated whole foods, VitaShake® fills your nutritional gaps with plant protein, vitamins, minerals, antioxidants, fiber, healthy carbs, and more—with low sugar and fewer than 100 calories per serving. Build it into your daily diet as a convenient meal or snack, at home or on the go.

BENEFITS

- Convenient, balanced meal or snack
- Made from whole foods for maximum nutrient absorption
- No cholesterol or artificial sweeteners, flavors, or preservatives
- Low in sugar and sodium
- Fewer than 100 calories per serving

	Owner Expertise Formulation		Kosher Certified
	Self-Manufactured in the USA		Halal Certified
	Made with Natural Ingredients		NSF Certified

HOW TO USE

Mix one package with 180mL-240mL of water or Fortune Delight® in shaker bottle. Drink as is or sweeten to taste with SunnyDew®.



10/25g packages, Cocoa #1060522
10/25g packages, Strawberry #1061522

INGREDIENTS

Coix Fruit, Fructose, Soy Protein, Cocoa Powder, Fructooligosaccharide, Chinese Yam, Fox Nut, Lotus Seed, Lotus Root, Waterlily Bulb, Potassium Phosphate, Calcium Phosphate, Imperate Root, Magnesium Oxide, Stearic Acid, Calcium Carbonate, Lecithin, Yeast, Xanthan Gum, Niacinamide Ascorbate, Iron, Vitamin E, Zinc Oxide, Copper Gluconate, Calcium Pantothenate, Beta-carotene, Vitamin B6, Thiamin, Riboflavin and Iodine.

INGREDIENT HIGHLIGHTS

COIX FRUIT

This tropical plant is rich in fiber and antioxidants like polyphenols, which are known as “lifespan essentials,” to support digestion, weight loss, and diuresis by helping to decrease fat and cholesterol absorption.

FRUCTOOLIGOSACCHARIDE (FOS)

This prebiotic soluble-fiber carbohydrate supports healthy growth of beneficial bacteria in your gut. FOS cannot be absorbed or broken down by the body and, therefore, is a great food source for probiotics.

FAQs

Q: How is VitaShake® different from other protein and meal replacement shakes?

A: VitaShake® is free of the harmful ingredients commonly found in other shakes, including chemical additives and artificial flavors and sweeteners. VitaShake® also has fewer than 100 calories per serving and is cholesterol-free and very low in sugar and sodium.

Q: Is VitaShake® easy to digest?

A: Yes, because it's made from concentrated whole foods and natural vitamins and minerals. Unlike other shakes that contain chemically processed or animal-based protein powders, our soy protein fills nutritional gaps while supporting a healthy digestive track. VitaShake® is easy-to-digest nutrition without the bloating or discomfort.



NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.