

TOP® FOCUS

Top Focus is a multi-ingredient natural health product that helps support cognitive health and memory in adults. Formulated with Ginkgo biloba, Huperzia serrata (source of huperzine A), L-alpha glycerylphosphorylcholine (Alpha-GPC), phosphatidylserine, selected B-vitamins, amino acids, lipids, and herbal extracts, Top Focus is designed to help support the immune system in everyday performance settings—work, study, and sports.

BENEFITS

- Helps support cognitive function and memory in adults
- Helps in connective tissue formation
- Helps to maintain the immune system
- Helps in energy metabolism in the body
- No added stimulants

FEATURES



Owner
Expertise
Formulation



Self-
Manufactured
in the USA



Kosher
Certified



Halal
Certified

FAQ

Q: How is Top Focus different from stimulant-based “mental performance” products?

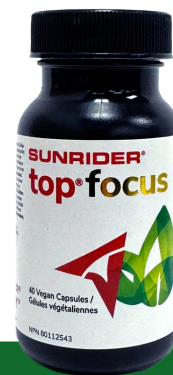
A: Top Focus uses a multi-pathway, stimulant-free approach—combining botanicals, lipids, amino acids, vitamins, and minerals known to support cognitive health—rather than relying on caffeine or other stimulants.

Q: Will it affect my sleep or cause jitters?

A: The formula contains no added stimulants; however, responses can vary. Use as directed and avoid taking late in the evening if you are sensitive.

HOW TO USE

Take 2 capsules, 1 time per day with food, a few hours before or after taking other medications or natural health products. Consult a health care practitioner for use beyond 6 weeks.



INGREDIENT HIGHLIGHTS

CHINESE CLUB MOSS (HUPERZIA SERRATA)

A traditional herb that provides huperzine A. This ingredient helps maintain cognitive health and mental performance naturally.

GINKGO BILOBA

Rich in flavonoids and terpenoids, Ginkgo biloba offers antioxidant benefits that help protect the fat in body tissues from oxidative stress. Traditionally used to support cognitive function, circulation, and mental focus.

NATURAL CHOLINE (ALPHA GPC)

A highly bioavailable source of choline that helps support mental focus.

VITAMIN B9 (FOLATE) & VITAMIN B12

These essential vitamins support overall health and energy metabolism.

PHOSPHATIDYLSERINE

A key phospholipid that helps support cognitive health and brain function.

Always read the product label – Use as directed.

The information provided for the Recommended Use is applicable to products sold in Canada only. Please note that daily dosage and labeling instructions differ between Canada and the United States. Also, please be aware that everyone's body is unique and may react differently to our products. The Recommendation for this product should be treated as the maximum daily recommended dosage for adults.

Medicinal ingredients / Ingrédients médicinaux (Each capsule contains / Chaque gélule contient) :	
Choline alfoscerate / Alfoscérate de choline (L-alpha-glycerophosphorylcholine)	68 mg
Ginkgo biloba (Leaf extract / Extrait de feuilles)	68 mg
(50 : 1, QCE 3.4 g standardized to 6.2% terpenoid lactones, 24.5% flavonoid glycosides / 50 : 1, QBE 3.4 g normalisé à 6.2 % terpéno-lactones, 24,5 % flavoglycosides)	
Phosphatidylserine / Phosphatidylsérine	44.6 mg
Schizochytrium oil / Huile de schizochytrium	28 mg (14 mg DHA / ADH)
(Schizochytrium spp., Whole / En entier)	17.9 mg
L-Tyrosine	17.9 mg
L-Theanine / L-théanine	17.9 mg
Resveratrol / Résvératrol (Reynoutria japonica, Root / Racine)	14 mg
Green tea extract / Extrait de thé vert (Camellia sinensis, Leaf / Feuille)	11.5 mg
(Standardized to 45% EGCG, 68.8% catechins, 1% caffeine / Normalisé à 45 % EGCG, 68,8 % catéchines, 1 % caféine)	
Vitamin E / Vitamine E (D-alpha tocopheryl acid succinate /	
Succinate d'acide de D-alpha tocophéryle)	5.23 mg AT (6.46 mg)
Coenzyme Q10	6.46 mg
Niacinamide	5.2 mg
Lycopodium serrata herb / Herbe de lycopodium serrata	
(Huperzia serrata, Herb extract / Extrait d'herbe)	2.2 mg (100 : 1, QCE / QBE 220 mg)
Zinc (Zinc gluconate / Gluconate de zinc)	2.2 mg
Pantothenic acid / Acide pantothénique (Calcium D-pantothenate / D-pantothénate de calcium), 2 mg	
Vitamin B6 / Vitamine B6 (Pyridoxine hydrochloride / Chlorhydrate de pyridoxine)	0.7 mg
Riboflavin / Riboflavine	0.55 mg
Thiamine (Thiamine mononitrate / Mononitrate de thiamine)	0.46 mg
Folate (Folic acid / Acide folique)	17.17 mcg
Chromium / Chrome (Chromium (III) chloride / Chlorure de chrome (III)),	26 mcg
Biotin / Biotine	12.75 mcg
Selenium / Sélénium (Sodium selenate / Sélénate de sodium)	12 mcg
Vitamin B12 / Vitamine B12 (Cyanocobalamin / Cyanocobalamine)	2.6 mcg
Non-medicinal ingredients / Ingrédients non médicinaux : Corn starch, silicon dioxide, hypromellose, phospholipids, / Amidon de maïs, dioxyde de silicium, hypromellose, phospholipides.	
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