## SUNRIDER

# SUNFIT® PROTEIN PLUS Vanilla

Fuel your body with SunFit® Protein Plus — a vegan protein shake formulated with 20 grams of complete plant protein from pea and rice sources. Each serving delivers essential vitamins, minerals, antioxidants, and complex carbohydrates to support your active lifestyle. SunFit® Protein Plus helps build and repair body tissue and assists in the development of lean muscle mass when combined with regular weight training and a healthy, balanced diet. Enjoy it in smoothies, beverages, or your favorite foods as part of a nutritious daily routine.

## **BENEFITS**

- 20 grams of complete protein per serving, which helps build and repair body
- 100% Vegan formula
- Provides essential vitamins and minerals
- Assists in the building of lean muscle mass with regular exercise
- Enjoy as part of a healthy daily routine

## **FEATURES**



Expertise







Natural Ingredients

## FAQ

#### Q: What are the benefits of protein?

A: Protein helps build and repair body tissue and supports lean muscle development when combined with regular weight training and a healthy, balanced diet. SunFit® Protein Plus also provides essential vitamins, minerals and fiber.

## Q: Does SunFit® Protein Plus provide complete protein?

A: Absolutely. Our blend of pea and rice proteins supplies all nine essential amino acids and the high-protein benefits of a dairy or whey protein but in a 100% vegan formula. It's the ultimate way to fill nutritional gaps.

## Q: What's the best way to use SunFit® Protein Plus?

A: SunFit® Protein Plus can be mixed into smoothies, blended with beverages, or incorporated into foods such as baked goods or breakfast items. It's designed to complement your daily routine and can be used before or after physical activity, or as a convenient source of plant-based protein during the day.

## **HOW TO USE**

Adults: Mix 2 scoops (40 g) per day well in 1-2 cups of liquid (water, juice, etc.) immediately before consumption. Ensure to drink enough fluid before, during, and after exercise. Take with food, a few hours before or after taking other medications or natural health products. For prolonged use, consult a health care practitioner.

Always read the product label - Use as directed.

The information provided for the Recommended Use is applicable to products sold in Canada only. Please note that daily dosage and labeling instructions differ between Canada and the United States. Also, please be aware that everyone's body is unique and may react differently to our products. The Recommendation for this product should be treated as the maximum daily recommended dosage for adults.

## ca.sunrider.com

©2025. Chenchiam, Inc. dba Sunrider International Canada. Trademarks owned by the Sunrider Corporation dba Sunrider International. All rights reserved.



## INGREDIENT HIGHLIGHTS

## PEA AND RICE PROTEIN

This blend of plant proteins contains all nine of the essential amino acids including branched-chain amino acids (BCAAs)— needed to effectively build lean muscle.

## **COIX SEED**

Contains naturally occurring fiber, vitamins, minerals, and amino acids. A wholesome botanical that complements a balanced daily diet.

## **COMMON BAMBOO**

A plant-based source of dietary fiber. Contributes to daily fiber intake as part of a healthy diet.

Medicinal Ingredients / Ingrédients médicinaux : Per Scoop (20 a) / Pour une mesure (20 a) :	
Pea protein / Protéine de pois (Pisum sativum, Seed / Graine)	E 4 a
Rice protein / Protéine de pois (1997) astiva, Seed / Graine)	5.4 g
Coix seed / Graine de coix (Coix lacryma-iobi var. ma-yuen, Seed / Graine).	280
Barley / Orge (Hordeum vulgare, Grain)	
Inulin / Inuline (Cichorium intybus, Root / Racine)	1.43 a
Common bamboo / Bambou commun (Bambusa vulgaris, Stem / Tige)	
Chinese yam / Igname de Chine (Dioscorea opposita, Rhizome)	
Calcium (Calcium phosphate, dibasic, Calcium D-pantothenate /	200 mg
Phosphate de calcium, dibasique, D-pantothénate de calcium)	162.26 mg
Magnesium / Magnésium (Magnesium oxide / Oxyde de magnésium)	52.84 mg
Bulbus lilii (Lilium brownii, Bulb / Bulbe)	40 mg
Foxnut / Eurvale (Eurvale ferox, Seed / Graine)	
Lotus (Nelumbo purifera Seed / Graine)	40 mg
Lotus rhizome node / Noeud du rhizome du lotus (Nelumbo nucifera, Rhizome)	40 ma
Imperata / Impérate (Imperata cylindrica, Rhizome)	20 mg
Zinc (Zinc gluconate / Gluconate de zinc)	15.38 mg
Vitamin C / Vitamine C (Ascorbic acid, Niacinamide ascorbate /	-
Acide ascorbique, Ascorbate de niacinamide)	12.4 mg
Vitamin E / Vitamine E (D-alpha-Tocopheryl acid succinate /	-
Succinate d'acide de d-alpha tocophéryle)	g AT (2.38 mg)
Iron / Fer (Iron (II) fumarate / Fumarate de fer (II))	0.84 mg
Niacinamide (Niacinamide ascorbate / Ascorbate de niacinamide)	0.82 mg
Pantothenic acid / Acide pantothénique (Calcium D-pantothenate / D-pantothénate de calcium)	0.31 mg
Manganese / Manganèse (Manganese (II) sulfate / Sulfate de manganèse (II))	0.29 mg
Vitamin B6 / Vitamine B6 (Pyridoxine hydrochloride / Chlorhydrate de pyridoxine)	0.212 mg
Riboflavin / Riboflavine	0.163 mg
Thiamine (Thiamine mononitrate / Mononitrate de thiamine)	
Beta-carotene / Bêta-carotène	
Copper / Cuivre (Copper (II) gluconate / Gluconate de cuivre (II))	112.56 mcg
Folate (Folic acid / Acide folique)	50 mcg
lodine / lode (Potassium iodide / lodure de potassium)	18.8 mcg
Vitamin K1 / Vitamine K1 (Phytonadione)	14.8 mcg
Selenium / Selenium (Selenomethionine / Selenomethionine)	6.875 mcg
Vitamin D / Vitamine D (Cholecalciferol / Cholécalciférol)	
Chromium / Chrome (Chromium (III) chloride, hexahydrate / Chlorure de chrome (III), hexahydraté Biotin / Biotine	4.3/ mcg
Molybdenum / Molybdène (Ammonium molybdate (VI) / Molybdate (VI) d'ammonium)	
Vitamin B12 / Vitamine B12 (Cvanocobalamin / Cvanocobalamine)	
Non-medicinal Ingredients / Ingrédients non médicinaux : Avena sativa (oat) kernel flour, vanilla flavour,	
stevioside, potassium carrageenan, stearic acid, xanthan gum. / Farine de graine d'avena sativa (a	voine),
saveur de vanille, stévioside, carraghénine de potassium, acide stéarique, gomme de xanthane.	