

DONG QUAI

Revered for centuries in Chinese herbal medicine as the “female ginseng,” dong quai supports healthy estrogen levels to decrease the symptoms and severity of hot flashes while alleviating bloating, mood swings, and cramps. Replete with vitamin B12, folic acid, nicotinic acid, iron, and biotin, our balancing formula even helps with iron deficiency.*

BENEFITS

- Helps keep female hormones in balance*
- Supports healthy circulation*
- Eases effects of menopause and menstruation*
- Concentrated for maximum results

 Owner Expertise Formulation	 Kosher Certified
 Self-Manufactured in the USA	 Halal Certified
 Made with Natural Ingredients	 NSF Certified
	 GMO Free



100 capsules #28031

INGREDIENT HIGHLIGHTS

DONG QUAI ROOT (ANGELICA SINENSIS)

This time-tested herb contains folic acid, nicotinic acid, and biotin and is widely used among Chinese women as a fortifying daily tonic. Dong Quai is referred to as a “gynecological regulator,” because it’s believed to have the ability to support healthy estrogen levels. This herb also contains coumarins, organic compounds that support circulation.*

FAQs

Q: How is this herb used?

A: For thousands of years, Dong Quai has been used in China as a beneficial herb in tonics for the blood, especially for women. It’s believed to contain nutrients that have a positive effect on the glands that produce female hormones. Dong Quai has a long history of use by menopausal women to help decrease the symptoms and severity of hot flashes. It is used to help alleviate the common symptoms of premenstrual syndrome (PMS), such as bloating, mild mood swings, and abdominal cramps.*

Q: Can men benefit from taking this supplement?

A: Yes. Sunrider’s highly concentrated Dong Quai formula contains a variety of nutrients such as vitamin B12, folic acid, nicotinic acid, biotin, iron, potassium, magnesium, and calcium, which support overall health.*

HOW TO USE

One or two capsules at meal time.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 50

	Amount Per Serving	% Daily Value
Total Carbohydrate	1 g	<1%*
Ingredients:	1 g	†
Dong quai root powder (Angelica sinensis).		

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Vegetable-based capsule (hydroxypropyl methylcellulose).

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.