

# VITADELIGHT®

Feed your hunger and fuel your body with this nutrient-dense, balanced shake. Made from concentrated whole foods, VitaDelight® fills your nutritional gaps with plant protein, vitamins, minerals, antioxidants, fibre, healthy carbs, and more—with low sugar and fewer than 100 calories per serving. Build it into your daily diet as a convenient meal or snack, at home or on the go.

## BENEFITS

- Convenient, balanced meal or snack
- Made from whole foods for maximum nutrient absorption
- No cholesterol or artificial sweeteners, flavors, or preservatives
- Low in sugar and sodium
- Fewer than 100 calories per serving



## INGREDIENT HIGHLIGHTS

### COIX FRUIT

This tropical plant is rich in fibre and antioxidants like polyphenols, which are known as “lifespan essentials,” to support digestion, weight loss, and diuresis by helping to decrease fat and cholesterol absorption.

### FRUCTOOLIGOSACCHARIDE (FOS)

This prebiotic soluble-fibre carbohydrate supports healthy growth of beneficial bacteria in your gut. FOS cannot be absorbed or broken down by the body and, therefore, is a great food source for probiotics.

## PRODUCT CODE

10/25g stick packs, Cocoa #01863

## INGREDIENTS

Coix Fruit, Fructose, Soy Protein, Cocoa Powder, Fructooligosaccharide, Chinese Yam, Fox Nut, Lotus Seed, Lotus Root, Waterlily Bulb, Potassium Phosphate, Calcium Phosphate, Imperate Root, Magnesium Oxide, Stearic Acid, Calcium Carbonate, Soy Lecithin, Yeast, Xanthan Gum, Niacinamide, Ascorbate, Iron, Vitamin E, Zinc Oxide, Copper Gluconate, Calcium Pantothenate, Vitamin A, Vitamin B6, Thiamin, Riboflavin, Iodine.

### Nutrition Info

Serving Size: 25g (1 Sachet)

Amount Per Serving	
Energy	332 kJ
Protein	2.4 g
Fat, total	0.9 g
- Saturated	0.47g
Carbohydrate	17.2 g
- Sugars	5.6 g
Dietary Fibre	2.0 g
Sodium	27 mg

## FAQs

**Q: How is VitaDelight® different from other protein and meal replacement shakes?**

**A:** VitaDelight® is free of the harmful ingredients commonly found in other shakes, including chemical additives and artificial flavours and sweeteners. VitaDelight® also has fewer than 100 calories per serving and is cholesterol-free and very low in sugar and sodium.

**Q: Is VitaDelight® easy to digest?**

**A:** Yes, because it's made from concentrated whole foods and natural vitamins and minerals. Unlike other shakes that contain chemically processed or animal-based protein powders, our soy protein fills nutritional gaps while supporting a healthy digestive track. VitaDelight® is easy-to-digest nutrition without the bloating or discomfort.



## HOW TO USE

1. Mix one stick pack with 180 mL - 250 mL of water, in shaker bottle or blender with choice of milk.
2. Drink as is or sweeten to taste.

Sunrider® products are not intended for use in the diagnosis, cure, mitigation, prevention, or treatment of any medical condition.



## NOURISH + CLEANSE = BALANCE

Sunrider products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish your body with only the finest natural ingredients and cleanse it from harmful chemicals, artificial colours, flavours, and preservatives, you bring your body into balance. A balanced body is a healthy body.

For more information please speak to the person who provided this fact sheet to you or contact Sunrider Australia.

### SUNRIDER AUSTRALIA

Unit 6, 198-222 Young St, Waterloo NSW 2017

Tel: +61 (0) 2 8397 5323 • Email: info@sunrider.com.au • au.sunrider.com