

Ese™ Essential Oil Blend

Find Your Calm



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Transform your space—and your mindset—with the soothing aroma of Ese Essential Oil Blend. This luxurious fusion of premium essential oils is expertly crafted to promote relaxation, ease stress, and support restful sleep. With a curated blend of clary sage, bergamot, lime, and rose oils, this versatile aroma blend brings serenity to your senses, day or night. Whether applied topically or used in a diffuser, it's your go-to for unwinding, resetting, and reconnecting with calm.

BENEFITS

- Helps ease feelings of tension after a stressful day
- Supports relaxation and restful sleep
- Calming fragrance that encourages emotional well-being
- Naturally derived essential oils
- Ideal for aromatherapy or topical use
- Pairs perfectly with Ese® Herbal Supplement

FAQ

Q: What is Ese Essential Oil Blend?

A: Ese Essential Oil Blend is a premium, natural blend of essential oils designed to promote relaxation, help you unwind, and create a soothing environment for sleep. It combines natural oils like clary sage, bergamot, lime, and rose to help you relax, reset, and find balance throughout your day.

Q: Can I apply Ese Essential Oil Blend directly to my skin?

A: Yes, Ese Essential Oil Blend is designed for topical use. It can be applied to pulse points such as wrists, temples, or behind the ears for aromatherapeutic relief. For best results, apply as needed throughout the day or before bedtime.

Q: Is Ese Essential Oil Blend safe for all skin types?

A: As with any essential oil product, it is recommended to perform a patch test on a small area of skin before using it extensively. If you have sensitive skin or are pregnant, it's best to consult with a healthcare provider before use.

Q: Can Ese Essential Oil Blend be used in a diffuser?

A: Yes! Just add a few drops to any type of essential oil diffuser—ultrasonic, nebulizing, evaporative, or heat—and fill your space with a calming, soothing aroma. Our aroma blend is perfect for promoting relaxation and creating a serene environment whenever and wherever you need it.

HOW TO USE

Apply to wrists, temples, or behind the ears and inhale deeply. Reapply as needed when experiencing a stressful day. Add a few drops to a diffuser to create a relaxing, sleep-friendly atmosphere.

Always read the product label – Use as directed.



INGREDIENT HIGHLIGHTS

CLARY SAGE OIL

With its aromatically soothing properties, this essential oil promotes relaxation, helps calm the body, and can support better quality sleep.

BERGAMOT OIL

This essential oil features a fresh, citrusy scent with a soft floral note. It helps promote relaxation and stress relief, and may help support reduced feelings of anxiety and fatigue.

ROSE OIL

Known for its rich floral aroma, rose oil creates a soothing sensory experience that may help support reduced feelings of anxiety and stress.

LIME OIL

With its refreshing scent, lime oil helps promote relaxation and improve sleep. It can promote muscle relaxation when applied topically as part of a soothing massage.

