

# ELECTROSPORT®

Don't let your performance suffer when you're working up a sweat. This liquid herbal concentrate contains sodium, potassium, magnesium, and other important minerals. It's a handy way to support electrolyte balance and normal muscle function. The highly concentrated contents of the vial can be added to Fortune Delight® or water to quickly rehydrate and replenish the body. Containing no added chemicals, sugars, or artificial sweeteners, ElectroSport® is a healthy alternative to sports drinks, which are typically big in size but small in nutrients.

## BENEFITS

- Helps to maintain normal electrolyte balance
- No added sugars, chemicals, or artificial stimulants
- Perfect for athletes and people with active lifestyles
- Mixes with water for an instant boost of minerals and healthy hydration
- Handy, portable vial



10/15 mL bottles

#24055



Owner Expertise Formulation



Kosher Certified



Self-Manufactured in the USA



Halal Certified



Made with Natural Ingredients



NSF Certified

## INGREDIENT HIGHLIGHTS

### POTASSIUM

This is a mineral that your cells, nerves, and muscles need to function properly. It helps your body regulate your blood pressure, heart rhythm and the water content in cells. It also helps with digestion.

### MAGNESIUM

This macro-mineral helps your body regulate muscle and nerve function, blood sugar levels, and blood pressure. It also helps your body make protein, bone, and DNA.

### SELENIUM

This vital mineral is important for reproduction, thyroid function, and DNA production. It also helps to fight oxidative stress caused by free radicals.

## FAQs

### Q: What are electrolytes and why are they important?

A: Electrolytes are minerals that conduct an electrical charge when mixed with water. They help regulate a variety of your body's most essential functions, including hydration, pH balance, nerve signaling, and muscle contraction.

### Q: Why do we need to maintain normal electrolyte balance?

A: The balance of electrolytes in your body can be easily altered by sweating, vomiting, and diarrhea. People who exercise regularly can help maintain normal electrolyte balance by drinking a healthy liquid concentrate such as ElectroSport®.

### Q: What are some of the key minerals in ElectroSport®?

A: It contains a combination of easily assimilated minerals, including calcium, potassium, magnesium, zinc, iron, manganese, chromium, and selenium.

## HOW TO USE

**Adults:** Drink 1 bottle (15 mL) of ElectroSport® per day or add to 250 mL–500 mL of water/ beverage of your choice. Take with food, a few hours before or after taking other medications or natural health products.

### Medicinal Ingredients / Ingrédients médicinaux : Each bottle (15 mL) contains / Chaque flacon (15 mL) contient :

Calcium (Calcium Hydroxide / Hydroxyde de calcium) .....	79.5 mg
Potassium (Potassium Chloride / Chlorure de potassium) .....	70.5 mg
Magnesium / Magnésium (Magnesium Oxide / Oxyde de magnésium) .....	40.5 mg
Zinc (Zinc Oxide / Oxyde de zinc) .....	10.5 mg
Iron / Fer (Iron (II) Sulphate, Heptahydrate / Sulfate de fer (II), heptahydraté) .....	6 mg
Manganese / Manganèse (Manganese (II) Chloride / Chlorure de manganèse(II)) .....	3 mg
Chromium / Chrome (Chromium (III) Chloride / Chlorure de chrome (III)) .....	132 mcg
Selenium / Sélénium (Selenium Aspartate / Aspartate de sélénium) .....	123 mcg

### Non-Medicinal Ingredients / Ingrédients non médicinaux :

Water, Lemon Peel Essential Oil, Sodium Chloride, Hydrochloric Acid and L-Lysine Hydrochloride. / Eau, huile essentielle de pelure de citron, chlorure de sodium, acide chlorhydrique, monochlorhydrate de L-lysine.



## NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.