



# Product Fact Sheet

## Citric C™ Tab



### PROVIDES A DELICIOUS DAILY DOSE OF VITAMIN C

Support your immune system with Citric C™ Tabs. Each tab contains 125 mg of vitamin C—200% of the daily recommended value. Our tabs are formulated with a body-boosting blend of natural ingredients, including citrus bioflavonoids, green tea leaf extract, and concentrated rose hips, all known for their antioxidant properties. The primary ingredient in Citric C™ Tab is vitamin C, a water-soluble vitamin necessary for normal growth and development. These chewable tablets are easy to eat and come in a tasty natural orange flavor.

### PHILOSOPHY OF REGENERATION®

The formula for Citric C™ Tabs is based on the Philosophy of Regeneration®—the belief that we can achieve optimal health by nourishing, cleansing, and balancing the body with the best nutrition. The vitamin C and multiple antioxidants in Citric C™ Tabs support the body's natural cleansing process and come from whole-food sources that our body is designed to recognize as nourishment and utilize more completely.

### INGREDIENT HIGHLIGHTS

#### VITAMIN C

Antioxidant-rich vitamin C is needed for normal growth and development. Natural vitamin C is more readily absorbed by the body than synthetic vitamin C.

#### ROSE HIPS

Rose Hips contain more vitamin c than oranges. They are a mild diuretic that can soothe the digestive system.

#### GREEN TEA LEAF EXTRACT

These antioxidant-rich tea leaves can support disease-fighting white blood cell activity.

### FAQS

**Q:** What are the benefits of taking this vitamin C supplement?

**A:** Vitamin C is an essential nutrient that we don't have the ability to produce in our bodies; we can only get it through our diets. It's high in antioxidants, which have been shown to support the immune system, neutralize free radicals, and play an essential role in collagen formation, which is necessary for strengthening bones and blood vessels. Vitamin C also promotes healthy teeth and gums and assists in the absorption of iron. The vitamin C in this supplement is from a natural source of vitamin C, which unlike chemically derived versions, is not quickly excreted in the urine.

**Q:** What about vitamins with higher doses?

**A:** Taking vitamins with too high of a dose can be dangerous and toxic. Our vitamins have a balanced formula, which makes them safe and effective.

### RECOMMENDATION

As a dietary supplement, chew one to two tabs daily or as desired.



OWNER EXPERTISE  
FORMULATION



KOSHER  
CERTIFIED



SELF-  
MANUFACTURED



HALAL  
CERTIFIED



MADE WITH NATURAL  
INGREDIENTS

### BENEFITS

- Natural source of vitamin C for enhanced absorption
- Immune system support
- Provides essential vitamins
- Aids in oral health
- Good source of antioxidants

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