













## **BENEFITS**

- Inhibits the absorption of sugar and processed carbs
- Supports healthy weight management
- Rich in protective, body-cleansing antioxidants
- Made with natural ingredients

# Product Fact Sheet VitaTaste®

# THE NATURAL WAY TO BLOCK SUGAR ABSORPTION

VitaTaste® is a natural dietary supplement that inhibits the absorption of sugar and processed carbs. Now you can enjoy a "sweet balance" of sugary foods and beverages in moderation, without having all those carbs add to your waistline. Simply take it before you eat; it's as easy as that. VitaTaste® is also full of antioxidants, which cleanse the body from the inside, protecting it from free radicals and assisting in the removal of fat and toxins. You get all these benefits from one tiny capsule!

# PHILOSOPHY OF REGENERATION®

Based on the Philosophy of Regeneration®, VitaTaste® complements a healthy, nutrient-balanced diet. VitaTaste® features select natural ingredients that inhibit sugar and processed carbohydrate absorption, as well as provide powerful antioxidants to nourish and cleanse the body and support overall health.

## INGREDIENT HIGHLIGHTS

### **GYMNEMA**

A plant known for its "sugar-blocking" property that reduces sugar absorption during digestion. When gymnemic acids lock into intestinal receptors, they effectively lock out glucose and processed carbs.

#### **COIX FRUIT**

This tropical plant is a rich source of antioxidants, which protect cells against the damaging effects of free radicals. And studies suggest that the fiber contained in coix fruit may help decrease how much fat and cholesterol the body absorbs.

#### **LOTUS ROOT**

An excellent source of dietary fiber, which slows the digestion of carbohydrates. Lotus root also contains many essential vitamins and minerals.

# **FAOS**

- Q: How does VitaTaste® work?
- A: Some of the molecules in the VitaTaste® formulation are similar to that of glucose molecules. These molecules fill the receptors located on the external layers of the intestines, temporarily blocking the absorption of the sugar/carbohydrate molecules. By blocking these receptors, VitaTaste® stops the absorption of sugar and processed carbs, which can then be excreted by the body as waste before it can be stored as fat.
- **Q:** How does VitaTaste<sup>®</sup> help keep me from gaining weight?
- A: In short, blocking sugar and processed carbs from being absorbed by the intestinal walls lessens the amount that gets stored as fat. For best results in maintaining a healthy weight, use VitaTaste® in conjunction with a balanced diet and regular exercise, and don't go overboard with carb intake.

## RECOMMENDATION

Take 1 capsule, 5 minutes before meals. For best results, use VitaTaste® in conjunction with a balanced diet and regular exercise. To ensure effectiveness, **do not** open the capsule and pour contents onto the tongue.

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