









#### BENEFITS

- Quick, easy way to get vitamin B12 and minerals
- · Supports energy and mental focus
- · Tastes great, freshens breath

# Product Fact Sheet VitaSpray®

#### A REFRESHING BURST OF VITAMINS AND MINERALS

Each spray of this specially formulated herbal complex provides 200% of the recommended daily allowance of vitamin B12 combined with a proprietary blend of minerals and herbal extracts. Vitamin B12 supports the formation of red blood cells to improve energy levels and increase mental focus. The spray bottle provides a convenient way to deliver B12 and other nutrients under the tongue for immediate absorption into the bloodstream. And there's no worry about having to swallow tablets and capsules or endure a painful injection.

### PHILOSOPHY OF REGENERATION®

If you look at the label of typical energy drinks, B12 will likely be a main ingredient. But these drinks are often "chemical cocktails," loaded with caffeine, sugar, and other artificial additives. Although these products may provide a quick burst of energy for a short period, the body will eventually crash, and side effects such as as insomnia, palpitations, and dizziness are not uncommon. Based on the Philosophy of Regeneration®, VitaSpray® provides an all-natural way to support energy and mental focus with vitamin B12—without caffeine or a spike in blood sugar.

## **INGREDIENT HIGHLIGHTS**

#### **VITAMIN B12**

A member of the complex B group of vitamins, this water-soluble vitamin aids in the formation of red blood cells and helps your body's central nervous system function properly. This hardworking vitamin is used to support mood, energy, mental focus, memory, and the immune system.

# **FAQS**

- Q: Why should I take VitaSpray®?
- A: Vitamin B12 can't be made by the body; instead it must be obtained from food or supplements. Vitamin B12 is found primarily in meat and dairy products, so vegans and strict vegetarians are particularly at risk for a deficiency. Additionally, elderly people who suffer from certain gastrointestinal disorders are at risk because their bodies are unable to absorb the normal type of B12 that is in food. The National Health and Nutrition Examination Survey estimated that 3.2% of adults over age 50 have a seriously low B12 level, and up to 20% may have a borderline deficiency.

#### RECOMMENDATION

Spray once or twice directly into mouth to enjoy a refreshing burst of vitamins and minerals.