

# VITADOPHILUS®

Balance your microbiome and boost your gut health, immunity, and metabolism. Our proprietary probiotic is formulated with a protective apple pectin coating that insulates it from harsh stomach acids, to ensure fast-acting, maximum nutrient absorption. Each serving supplies at least 20 million live culture bacteria (lactobacillus acidophilus) to protect your body against harmful bacteria. VitaDophilus® even helps displace non-beneficial microorganisms that can cause bloating and discomfort. It's an easy, effective way to boost your overall health—tastes delicious, too!

### **BENEFITS**

- · Natural, fast-acting proprietary probiotic
- Promotes digestive balance and immune system health
- Supports intestinal comfort and function
- Delicious, natural apple flavor even kids love





10/3 g packages

#10505

# INGREDIENT HIGHLIGHTS

#### **LACTOBACILLUS ACIDOPHILUS**

This naturally occurring probiotic bacteria helps break down food and promote efficient nutrient absorption.

# APPLE FRUIT POWDER & APPLE FRUIT FLAKE

This base coating insulates probiotics from harsh stomach acids, so they reach your small intestine and deliver maximum benefits.

## **FAQs**

#### Q: Isn't bacteria harmful?

A: Bacteria gets a bad rap. While the idea of consuming bacteria can be unsettling, it's important to know the facts: Probiotics, or "friendly bacteria," are naturally found in foods like yogurt and miso, as well as inside your body. These beneficial bacteria can help improve gut health, boost immunity, and support many of your body's systems.

# Q: How does beneficial bacteria become depleted?

A: Colonies of beneficial bacteria live inside your gut to help you properly digest food and absorb nutrients. Illness, gastrointestinal disorders, autoimmune diseases, chronic alcohol use, antibiotics, laxatives, and poor diet can deplete these critical colonies, wreaking havoc on your digestive system and causing abdominal discomfort, bloating, and constipation. VitaDophilus® is a convenient, effective way to naturally help rebuild gut flora and restore digestive balance.

### **HOW TO USE**

Package may be taken as is or dissolved in water three times a day at meal time.



#### **NOURISH + CLEANSE = BALANCE**

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.