

VITAMIN D3

Our new supplement provides ultra-high quality vitamin D in the preferred D3 (cholecalciferol) form. Sunrider® Vitamin D3 is fortified with antioxidant powerhouse vitamin E, plus safflower oil, which is rich in protective polyphenols and healthy fatty acids that enhance vitamin D absorption. Benefits include aiding calcium absorption for strong bones and teeth and supporting the healthy function of the immune and nervous systems.

BENEFITS

- Supports strong bones and teeth
- Supports calcium absorption
- Helps maintain healthy levels of phosphorus
- Supports healthy immune and nervous system function
- May help improve mood
- Replicates the benefits of vitamin D3 derived from sunshine



1000 IU, 90 soft-gel capsules

#01594

INGREDIENT HIGHLIGHTS

SAFFLOWER OIL

This plant oil is a rich source of unsaturated fatty acids, including monounsaturated and polyunsaturated fats. These fatty acids help the body absorb fat-soluble vitamins such as vitamin D. Safflower oil is also rich in antioxidant polyphenols.

VITAMIN E

Also called alpha-tocopherol, vitamin E is a potent antioxidant that protects against potentially damaging free radicals and supports a healthy immune system.

FRACTIONATED COCONUT OIL

This natural substance contains medium-chain triglycerides (MCTs), which can be used as an instant energy source or turned into ketones, which provide an alternative energy source for the brain

INGREDIENTS

Safflower Oil, Capsule (Gelatin), Humectant (Glycerin), Water, Fractionated Coconut Oil, d-alpha-Tocopherol (Soy Bean Oil), Cholecalciferol.

Active ingredients in the daily dose:

Active ingredients / Hatóanyagok	1 capsule / 1 kapszula		2 capsules / 2 kapszula		3 capsules / 3 kapszula	
	mg	NRV*	mg	NRV*	mg	NRV*
Vitamin D3 / D3-vitamin	25 µg	500 %	50 µg	1000%	75 µg	1500%
Vitamin E / E-vitamin	2 mg	16,6 %	4 mg	33,2%	6 mg	50%

* nutrient reference value % for adults / napi beviteli referencia érték %-a felnőttek számára

HOW TO USE

One to three capsules daily at breakfast, and swallow with plenty of water. Do not exceed the recommended daily amount!

FAQs

Q: What is vitamin D3?

A: Also known as cholecalciferol, vitamin D3 is a fat-soluble vitamin that supports bone health, immune function, cell growth, and more. Your body can produce it on its own through the skin cells in response to sun exposure. It can also be obtained through certain food sources and supplements. Sunrider® Vitamin D3 is a way to replicate the vitamin D benefits of sunshine, without exposing your skin to UV rays.

Q: Who needs vitamin D supplements?

A: Vitamin D deficiency is a global health problem. An estimated 1 billion people suffer from serious vitamin D deficiency, while up to half of the global population doesn't have adequate levels of vitamin D. Limited exposure to sunshine, sunscreen use, malabsorption, dietary habits, and a busy lifestyle can all contribute to inadequate vitamin D levels.



Owner Expertise Formulation



Made with Natural Ingredients



Self-Manufactured in the USA



NSF Certified



NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.