











MADE WITH NATURAL

## BENEFITS

- Supports digestive balance and immune system health
- Supports intestinal comfort and bowel function
- Fast-acting proprietary formula made with natural ingredients
- Natural apple-based flavor even kids enjoy

# Product Fact Sheet VitaDophilus®

## SUPPORT INTESTINAL WELLNESS

This great-tasting (delicious apple flavor!) probiotic supplement helps support a healthy digestive tract and immune system to promote overall health. Each serving supplies a minimum of 20 million live culture bacteria (lactobacillus acidophilus) to the body to protect against harmful bacteria and help break down food for enhanced nutrient absorption. VitaDophilus® also helps displace non-beneficial microorganisms that can cause fermentation and lead to bloating, gas, and nutrient deprivation.

# PHILOSOPHY OF REGENERATION®

Based on the Philosophy of Regeneration<sup>®</sup>, Vitadophilus<sup>®</sup> is a simple, effective way to restore and maintain the right levels of good bacteria in the body to support balance in the body, a strong immune system, and optimal health.

# **INGREDIENT HIGHLIGHTS**

#### LACTOBACILLUS ACIDOPHILUS

A naturally occurring probiotic bacteria that helps displace non-beneficial microorganisms and helps break down food so the body can more efficiently absorb nutrients.

#### **APPLE FRUIT POWDER & APPLE FRUIT FLAKE**

The base of VitaDophilus<sup>®</sup> is formulated with a protective apple pectin coating, which insulates the probiotics from the harsh stomach environment, allowing them to reach the small intestine for maximum efficacy. This is unlike many probiotic formulas that are destroyed by stomach acids and rendered useless before they can be fully utilized.

### FAQS

- **Q:** Isn't bacteria harmful?
- **A**: The idea of actually consuming bacteria seems unsettling to many of us given that bacteria tend to have a bad reputation. This perception most likely stems from the negative things that harmful bacteria can cause, such as spoiled food, contaminated water, and infections and illnesses. However, many people don't know there are also helpful bacteria (also called probiotics, friendly flora, and friendly bacteria) in food (e.g., yogurt and miso) and inside the body. These beneficial bacteria can help improve and support many bodily functions.
- **Q:** How does good bacteria become depleted?
- **A**: Colonies of good bacteria live inside our gut and help us to properly digest food and absorb nutrients, and they play a big role in overall immunity. However, these colonies can become depleted, and the decrease of these colonies can negatively affect the entire digestive system and result in constipation, abdominal discomfort, and suboptimal health. Good bacteria can become depleted for a number of reasons, including illness, gastric or intestinal absorption disorders, autoimmune diseases, chronic alcohol use, poor diet, antibiotic use, and the misuse of certain medications such as laxatives. VitaDophilus® is a convenient, effective way to naturally help rebuild this gut flora.

### RECOMMENDATION

Each package may be consumed as is or dissolved in water three times a day at mealtimes. VitaDophilus® can also be sprinkled on cereal, added to salad dressing, or mixed with Sunrider® herbal beverages and foods.