

## ESE®

Our relaxing Ese® formula naturally soothes anxiety, stress, and sleeplessness, so you feel calm, rested, rejuvenated, and ready to be your best. Albizia soothes the nerves and calms the mind while antioxidant-rich gou teng and Sophora japonica support immunity. Ese® is non-habit forming and won't cause drowsiness.

### BENEFITS

- Natural herbal formula promotes calm and well-being
- Helps remedy anxiety, stress, restlessness, and sleeplessness
- Supports mental clarity
- No added stimulants or artificial ingredients
- Non-habit forming



100 capsules

#2026127

### INGREDIENT HIGHLIGHTS

#### ALBIZIA

This flower has been used to improve mood, soothes the nerves and aids in sleep.

#### GOU TENG

This ancient Chinese herb, uncaria rhynchophylla, has been used for centuries to support healthy blood pressure. Its significant antioxidant properties may also boost immunity, digestion, and circulation.

#### SOPHORA JAPONICA

This flower from the sophora tree contains two potent flavonoids, troxerutin and oxymatrine, which exhibit strong antioxidant activity and support circulatory system health.



### INGREDIENTS

Ramulus Uncariae cum Uncis, Semen Cassiae, Pericarpium Citri Reticulate, Radix Asteris, Flos Sophorae, Rhizoma Pinelliae Praeparatum, Flos Albiziae and Hydroxypropyl Methylcellulose.

### FAQs

#### Q: Is Ese® habit forming?

A: Although it is extremely effective at soothing tension and stress, Ese® is non-habit forming and will not make you drowsy. As its name states, Ese® helps you "ease" through the day.

#### Q: Does Ese® contain stimulants or questionable ingredients?

A: No, it is a natural herbal formula. Unlike many other mood, focus, and energy enhancing supplements, Ese® is free of added stimulants and questionable or artificial ingredients.

#### Q: Can anyone benefit from Ese®?

A: Yes, this naturally powerful formula is ideal for anyone who wants to improve their mental clarity, cognitive function, and performance while managing stress at work, school, and in everyday life.

### HOW TO USE

For best results, we recommend taking 1 to 2 capsules of Ese® in the evening or when you want to feel relaxed, calm, and collected.

Take one to two capsules three times a day at meal time.



### NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.