





This super-concentrated herbal supplement contains garlic, which has been used in Traditional Chinese Medicine (TCM) to help maintain cardiovascular health in adults and to help relieve symptoms associated with certain upper respiratory tract ailments.

BENEFITS

- Helps maintain cardiovascular health in adults
- Supports a healthy respiratory system
- Made with plant-based ingredients
- Highly concentrated
- Specially formulated for maximum results





#20231

100 capsules

HOW TO USE

Adults: Take 4 capsules 3 times daily.

INGREDIENT HIGHLIGHTS

GARLIC

Traditionally used in herbal medicine to help relieve the symptoms associated with upper respiratory tract infections and catarrhal conditions such as nasal congestion, and to help maintain cardiovascular health in adults.

COMMON YAM

Used in TCM to tonify and support healthy function of the spleen and stomach.

PAPERMULLBERRY

Used in TCM to tonify the liver and kidney yin, by addressing yin deficiency.

LYCIUM FRUIT

Also called wolberry or goji, lycium fruit, the berries of this plant are used in traditional medicine. Polysaccharides isolated from the plant have been shown to improve immune response.

FAQs

Q: What does tonify mean in TCM?

A: In TCM, tonification refers to a therapeutic treatment that nourishes and replenishes the Qi, blood, and yin and yang when they are weak or deficient. Qi can be interpreted as the "life energy" or "life force," which flows within us. It can also sometimes refer to the physiological functions of organs and meridians. Qi deficiency manifests as underfunctioning of the entire body or certain organs, especially in the respiratory and digestive systems.

Medicinal Ingredients / Ingrédients médicinaux : Each capsule contains / Chaque gélule contient : Garlic / Ail (Allium sativum, Bulb / Bulbe) 79 mg Common Yam / Igname commune (Dioscorea oppositifolia, Rhizome / Rhizome) . . . 355 mg (0.4 : 1, QCE / QBE 142 mg) Kudzuvine / Kudzu (Poria / Pachyme (Poria cocos, Cornel / Cornouiller Ìchang Lemon / Cédrat Papermulberry / Mûrier à papier Eucommia / Eucommia Morinda / Morinde Chinese Senega / Polygala de Chine Lycium / Lycium de Chine Non-medicinal Ingredients / Ingrédients non médicinaux : Hypromellose.

In a vegetable-based capsule / En gélule à base végétale

The information provided for the Recommended Use is applicable to products sold in Canada only. Please note that daily dosage and labeling instructions differ between Canada and the United States. Also, please be aware that everyone's body is unique and may react differently to our products. The Recommendation for this product should be treated as the maximum daily recommended dosage for adults.



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NOURISH + CLEANSE = BALANCE

Sunrider[®] products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration[®]. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.

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