

# ASSIMILAID®

Digest your food more quickly, efficiently, and comfortably with our nourishing complex of herbs. Atractylodes and pinellia roots soothe your stomach and intestinal tract while orange peel treats indigestion and fennel seed provides antioxidant protection. Assimilaid helps you achieve digestive balance.

## BENEFITS

- Super-concentrated, naturally nourishing complex of herbs
- Promotes healthy digestion and regularity
- Provides antioxidant support



Assimilaid® 100 Capsules/Bottle  
Code Number: 2022125

## INGREDIENT HIGHLIGHTS

### PORIA (MUSHROOM POWDER)

This type of mushroom contains several substances thought to promote good health, including polysaccharides, known to support immune function, and triterpenoids, a class of compounds with antioxidant properties.

### MINT

In Traditional Chinese Medicine, this herb is used to relieve digestive symptoms, such as gas, bloating and indigestion.

### ORANGE PEEL

The peel of this fruit is used in Traditional Chinese Medicine to promote healthy digestion and relieve food retention.

### LICORICE

Licorice root extract is often used to relieve symptoms of indigestion, such as acid reflux, upset stomach, and heartburn.

## FAQs

### Q: How does digestion work?

A: Simply put, digestion is the breakdown of food into smaller and smaller components, until they can be absorbed and assimilated into the body as nutrients, which then are used for energy, growth, and cell repair. Assimilaid® supports this entire process.

### Q: How does Assimilaid® support digestion?

A: Assimilaid® is designed to address your digestive system with “earth element” herbs that help your body process food quickly and efficiently. In Ancient China, a similar formula was used to aid digestion in the stomach, lubricate the intestinal tract, and alleviate digestion-related ailments like heartburn and upset stomach. Assimilaid® is one of the five formulas in our bestselling Quinary®, too.

## HOW TO USE

Take two capsules three times a day at meal time.

MAHALAGANG PAALALA: ANG PRODUKTONG ITO AY HINDI GAMOT AT HINDI DAPAT GAMITING PANGGAMOT SA ANUMANG URI NG SAKIT

(Important notice: The product is not medicine and is not to be used for treating diseases)

## INGREDIENTS

Poria (Poria cocos), Mint (Mentha arvensis), Licorice (Glycyrrhiza glabra), Orange Peel (Citri reticulata). In a vegetable-based capsule.

### Nutrition Info

Serving Size 2 capsules (1g)  
Servings Per Container 50

#### Amount Per Serving

Calories 3

	%RENI*
<b>Total Fat</b> 0g	0%
Sat. Fat 0g	0%
<b>Sodium</b> 10mg	<1%
<b>Total Carb.</b> 1g	0%
<b>Protein</b> 0g	0%

Calcium 4% Iron 2% Vit.E 0%

\*Percent Recommended Energy & Nutrient Intake (RENI) values are based on a 2,000 calorie diet.



## NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.