



Product Fact Sheet **FIBERTONE®**



OWNER EXPERTISE
FORMULATION



KOSHER
CERTIFIED



SELF-
MANUFACTURED



HALAL
CERTIFIED



MADE WITH NATURAL
INGREDIENTS

BENEFITS

- Excellent and convenient source of fiber.
- Supports the body's metabolic processes.
- Promotes a healthy digestive system with a proprietary blend of herbs.
- No chemical or synthetic additives.

NATURAL SUPPORT FOR DIGESTIVE HEALTH

This exclusive formula contains a unique blend of soluble and insoluble fiber, including oat bran, psyllium seed, and beneficial herbs that assist the body's metabolism. It enhances the natural process of the digestive system to help keep intake (*yin*) and outgo (*yang*) in balance, crucial elements in keeping the body's five systems operating smoothly. Fiber is an essential aspect of the daily diet.

PHILOSOPHY OF REGENERATION®

Based on Sunrider's Philosophy of Regeneration®, which advocates that the body functions at its best when the five systems of the body are in balance. Fibertone® specifically addresses the digestive system with a proprietary blend of herbs formulated to help keep your digestive system running well.

INGREDIENT HIGHLIGHTS

OAT BRAN

Oat bran contains about 50% more fiber and soluble fiber than oatmeal, making it more effective at lowering cholesterol and supporting digestion. It also has more protein, calcium, iron, thiamin, phosphorus, riboflavin, magnesium, and zinc.

PSYLLIUM SEED

Psyllium is the husk of the seed from the plantago plant. It contains a spongy fiber that reduces appetite, supports digestion, and cleanses the system.

SESAME SEED

Sesame seeds are loaded with essential minerals, such as manganese, copper, iron, phosphorus, and calcium. Among all the nuts and seeds commonly eaten across the world, sesame seeds have been found to contain the highest amount of phytosterols, which are known to support healthy levels of cholesterol.

FAQS

Q: What are the health benefits of fiber?

A: Soluble fiber helps to slow your body's breakdown of carbohydrates and the absorption of sugar, helping with blood sugar control. Fiber increases the feelings of fullness and therefore has been shown to support weight loss.

Q: Fibertone® contains both insoluble and soluble fiber; what are the their differences?

A: **Soluble fiber** absorbs the water in your food, which slows down digestion. Slowing digestion can help regulate blood sugar. **Insoluble fiber** adds bulk to the stool, which helps move it through your digestive system quickly to support regularity.

RECOMMENDATION

Two capsules three times a day.

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