

# INTELLIRISETM

Awaken your senses with IntelliRise, Sunrider's delectable new nootropic beverage. Carefully crafted with select ingredients, including functional mushrooms and adaptogens, our brain-boosting beverage provides mindful benefits to support your focus, and promoting both physical and mental performance. Experience heightened concentration and improved mood with every sip. Elevate your mornings and seize the day with this innovative blend that fuels both mind and body.

# **BENEFITS**

- Smooth energy, no jitters or crashes\*
- · Delicious rich cocoa aroma
- · Enjoy hot or iced
- · Zero fat, zero cholesterol
- · Perfect for the whole family



36 Servings: NET WT. 6.35 oz. (180 g) #0209827



Owner Expertise Formulation



Kosher Certified



Manufactured in the USA



Halal Certified



Made with Natural Ingredients



NSF Certified

### **INGREDIENTS**

Cordyceps, Reishi, Lion's mane, Carob, Panax ginseng root.

# INGREDIENT HIGHLIGHTS

# **LION'S MANE MUSHROOM**

This mushroom has been used for centuries in traditional medicine, particularly in Chinese and Japanese cultures. Potential health benefits include supporting mood support, reducing anxiety, and helping to fight against inflammation and oxidative stress.\*

#### **CORDYCEPS MUSHROOM**

A nutrient-rich powerhouse, cordyceps are packed with essential amino acids, B vitamins, vitamin K, sterols, antioxidants, polysaccharides, and cordycepin. Its mild flavor and convenient powder form make it a versatile ingredient for your kitchen and great addtion to on-the-go drinks.

#### **PANAX GINSENG**

This venerable type of ginseng is commonly used as a general tonic to support overall health. It's also utilized for aiding in the improvement of cholesterol levels and reducing inflammation.\*

# **FAQs**

# Q: What are functional mushrooms?

A: Functional mushrooms, also known as adaptogenic or medicinal mushrooms, are a group of fungi that are believed to offer various health benefits beyond basic nutrition. They contain bioactive compounds that may support the immune system, reduce inflammation, enhance cognitive function, and improve overall well-being.\*

#### Q: What are adaptogens?

A: Adaptogens are herbs, roots, and other plant substances such as certain mushrooms that help our bodies manage stress and restore balance after a stressful situation. They are believed to enhance resilience to stress and promote overall well-being.\* IntelliRise contains a variety of adaptogenic ingredients, including Rhodiola rosea wurzel (Rhodiola rosea), and Panax ginseng root (Korean Panax ginseng)

# **HOW TO USE**

Add 1 scoop (5 g) to 230ml-350ml of hot water, your favorite milk, or over ice and mix. For a creamier texture, blend or froth.



# **NOURISH + CLEANSE = BALANCE**

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.