

ERB CORDYCEPS MUSHROOM POWDER

Grown naturally in the mountain regions of Asia, cordyceps mushrooms have been a staple of Traditional Chinese Medicine for centuries and are gaining popularity for their numerous health benefits. Packed with essential amino acids, B vitamins, vitamin K, sterols, antioxidants, and polysaccharides, this potent mushroom offers a nutrient-rich addition to your diet. Additionally, they contain cordycepin, an active compound with various potential health benefits, including immune and cardiovascular support.*

BENEFITS

- Supports the immune system*
- Supports the cardiovascular system*
- Supports the respiratory system*
- Supports athletic performance*
- Has antioxidant and anti-aging properties
- Contains polysaccharides (complex carbohydrates with many possible health benefits)
- Contains fatty acids
- Contains beta glucans (a type of soluble fiber)



50 Servings: NET WT.
7.2 oz. (205 g)

#0208827

INGREDIENTS

Cordyceps sinensis

INGREDIENT HIGHLIGHTS

CORDYCEPS

Each of our ERB Functional Whole Food products is organically grown and made from only one ingredient, the food itself. With minimal processing, it's either ground into fine powders or left as whole seeds, ensuring you receive the pure essence of the food with nothing added or taken away. Enjoy the ERB functional whole food ingredients backed by Sunrider's high-quality assurance standards.

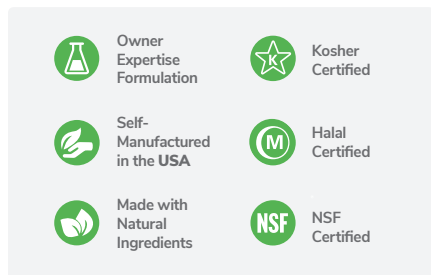
FAQs

Q: Do cordyceps really grow out of insects and worms?

A: In the wild, cordyceps fungi prey upon insects, caterpillars, or worms, essentially taking over and consuming the host before releasing spores into the air. However, all the cordyceps used in our products are cultivated in a controlled laboratory environment, where they grow on an all natural substrate. Rest assured, no insects are involved or harmed in the production process.

Q: Are there any known allergens in Cordyceps?

A: While severe allergic reactions are rare, individuals sensitive to fungi or mold should exercise caution. It's advisable to begin with a small amount and monitor for any adverse reactions. Please consult with your physician or healthcare professional prior to use.



HOW TO USE

Add 1 scoop (4.1 g) daily into 8–12 oz. of water or your favorite Sunrider drink or shake. A great way to add nutrition into your favorite dishes.

Our cordyceps are a finely ground powder, which can be added to various foods and drinks, including tea, coffee, smoothies, even hot chocolate. Sprinkle onto salads, soups, or stir-fry dishes to add nutritional benefits. The mild flavor of cordyceps complements a wide range of recipes without overpowering other flavors.



NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.