SUNRIDER®

LIQUI-FIVE®

Liqui-Five® supports overall wellness by aiding fat and protein metabolism, promoting bone and tissue health, and providing antioxidant protection. It also includes traditionally used herbs like licorice and ginger to help relieve respiratory and digestive discomforts.

BENEFITS

- Provides antioxidants for the maintenance of good health
- Convenient, highly concentrated liquid form
- Made with plant-based ingredients
- Free from synthetic additives and artificial ingredients
- Formulated for maximum absorption

FEATURES

- Owner Expertise Formulation
- Self-Manufactured in the USA
- Made with Natural Ingredients
- Kosher Certified
- Halal Certified

FAQ

Q: What does Liqui-Five® help the body?

A: In keeping with the Sunrider's Philosophy of Regeneration®, daily maintenance of the body with proper nutrition is key to preventing physical malfunction. Dr. Chen created Liqui-Five as a convenient way to nourish and strengthen the body to support optimal health and vitality.

Q: Liqui-Five® contains antioxidants; how are they important?

A: Our bodies are constantly bombarded by free radicals—the unstable molecules caused by pollution, stress, and even normal bodily processes. Free radicals damage healthy cells and are associated with ageing. Liqui-Five® provides antioxidants that help protect cells against the oxidative damage caused by free radicals.

Liqui-Five is inspired by the holistic approach of Quinary®, which is based on five key herbal blends—Alpha 20C®, Conco®, A.D.™, L.S.™, and P.A.™—each formulated to promote overall well-being. While Liqui-Five reflects the core principles and select ingredients of these formulas, it is not a direct blend of all their components. Instead, it offers a simplified, liquid format designed for convenient, everyday wellness support.

HOW TO USE

Adults: Take 1 bottle (15 mL) of Liqui-Five® daily. Consult a health care practitioner for use beyond 4-6 weeks.

Always read the product label – Use as directed.

The information provided for the Recommended Use is applicable to products sold in Canada only. Please note that daily dosage and labeling instructions differ between Canada and the United States. Also, please be aware that everyone's body is unique and may react differently to our products. The Recommendation for this product should be treated as the maximum daily recommended dosage for adults.

ca.sunrider.com

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INGREDIENT HIGHLIGHTS

CINNAMON BARK

In Traditional Chinese Medicine (TCM), cinnamon bark is used to support digestive function and promote warmth in the body. It may also help the body metabolize fats and carbohydrates and contributes to the maintenance of good health.

LYCIUM FRUIT

Lycium fruit, commonly used in TCM, is valued for its antioxidant properties and its role in nourishing the Liver and Kidneys. It helps in the development and maintenance of bones, cartilage, teeth, and gums, and supports connective tissue formation.

SCHIZANDRA SEED

Schizandra is traditionally used in Chinese herbal medicine as an adaptogen to help the body cope with stress. It also supports liver function and contributes to overall vitality.

LICORICE ROOT

Licorice root has a long history of use in TCM and Western herbalism as an expectorant to help relieve chest complaints such as coughs and bronchitis. It is also used to soothe inflammation in the gastrointestinal tract, including gastritis in adults.

GINGER ROOT

Widely used in both TCM and Western herbal traditions, ginger helps relieve digestive disturbances such as nausea, indigestion, and flatulent colic. It also acts as an expectorant and anti-tussive to help relieve bronchitis, coughs, and colds.

Medicinal Ingredients / Ingrédients médicinaux :
Each bottle (15 mL) contains / Chaque flacon (15 mL) contient :

Vitamin C / Vitamine C (*Ascorbic acid / Acide ascorbique*)	12 mg
Bamboo / Bambou (*Bambusa tuldoides*, Shavings / Copeaux)	2.25 g (1 : 6.7, QCE / QBE 2.25 g)
Purslane / Pourpier (*Portulaca oleracea*, Herb / Herbe)	1.8 g (1 : 8.3, QCE / QBE 1.8 g)
Cinnamon / Cannelle (*Cinnamomum cassia*, Bark / Écorce)	1.8 g (1 : 8.3, QCE / QBE 1.8 g)
Gou Teng (*Uncaria rhynchophylla*, Stem/Thorn / Tige/Épine)	1.35 g (1 : 11, QCE / QBE 1.35 g)
Cassia Tora / Cassia (*Cassia tora*, Seed / Graine)	1.35 g (1 : 11, QCE / QBE 1.35 g)
Corn Mint / Menthe (*Mentha arvensis*, Herb / Herbe)	1.35 g (1 : 11, QCE / QBE 1.35 g)
Licorice / Réglisse (*Glycyrrhiza glabra*, Root / Racine)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Japanese Honeysuckle / Chèvrefeuille du Japon (*Lonicera japonica*, Flower / Fleur)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Lycium (*Lycium barbarum*, Fruit)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Ophiopogon (*Ophiopogon japonicus*, Root / Racine)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Schisandra (*Schisandra chinensis*, Fruit)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Forsythia (*Forsythia suspensa*, Fruit)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Japanese Pagodatree / Sophora du Japon (*Sophora japonica*, Flower / Fleur)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Chinese Dodder / Cuscute chinoise (*Cuscuta chinensis*, Seed / Graine)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Chinese Lovage / Livèstique chinoise (*Ligusticum sinense*, Rhizome)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Chinese Angelica / Angélique de Chine (*Angelica sinensis*, Root / Racine)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Paris Polyphylla (*Paris polyphylla*, Rhizome)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Anise / Anis (*Pimpinella anisum*, Seed / Graine)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Ginger / Gingembre (*Zingiber officinale*, Rhizome)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Imperata / Impérate (*Imperata cylindrica*, Root / Racine)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Poria / Pachyme (*Poria cocos*, Mushroom / Champignon)	0.9 g (1 : 16.7, QCE / QBE 0.9 g)
Mandarin Orange / Mandarine (Citrus reticulata, Peel / Pelure)	0.45 g (1 : 33.3, QCE / QBE 0.45 g)
Cornel / Cornouiller (*Cornus officinalis*, Fruit)	0.45 g (1 : 33.3, QCE / QBE 0.45 g)
Lophatherum (*Lophatherum gracile*, Stem/Leaves / Tige/Feuilles)	0.45 g (1 : 33.3, QCE / QBE 0.45 g)
Hawthorn / Aubépine (*Crataegus pinnatifida*, Berry / Fruit)	0.45 g (1 : 33.3, QCE / QBE 0.45 g)
Eucommia (*Eucommia ulmoides*, Bark / Écorce)	0.45 g (1 : 33.3, QCE / QBE 0.45 g)

Non-medicinal Ingredients / Ingrédients non médicinaux : Water, Lemon Extract / Eau, extrait de citron.