

SIBERIAN GINSENG

For over 2,000 years, Siberian Ginseng has been used in Traditional Chinese Medicine to increase longevity, where it is valued as a bittersweet "warming herb." This single herb has traditionally been used in various tonics and beverages to increase stamina, relieve insomnia and improve memory. It has long been traditionally used also to help relieve bronchitis and general debility, during convalescence and in rheumatism.

BENEFITS

- · Aids during convalescence
- Supports stamina
- Helps to improve memory



in the USA





100 capsules #28041

INGREDIENT HIGHLIGHTS

ELEUTHEROSIDES

This active chemical compound in Siberian Ginseng is traditionally used to help relieve general fatigue, and to help improve physical and/or mental performance after periods of mental and/or physical exertion.

FAQs

Q: What is an adaptogen?

A: Siberian Ginseng is often called an "adaptogen." This is a nonmedical term used to describe substances that reportedly helps the body after periods of mental and physical exertion.

HOW TO USE

Adults: Take 3 capsules per day. Use for up to 3 months.

Medicinal ingredients / Ingrédients médicinaux : Each capsule contains / Chaque gélule contient :

Non-medicinal Ingredients / Ingrédients non médicinaux : Hydroxypropyl methylcellulose / Hydroxypropyl méthylcellulose.

In a vegetable-based capsule. / En gélule à base végétale.

The information provided for the Recommended Use is applicable to products sold in Canada only. Please note that daily dosage and labeling instructions differ between Canada and the United States. Also, please be aware that everyone's body is unique and may react differently to our products. The Recommendation for this product should be treated as the maximum daily recommended dosage for adults



NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.