

# CONCO®

Breathe easy and feel balanced with this highly concentrated, nourishing formula. Conco® helps bring your respiratory system into balance with “metal element” herbs that support your overall health. Chuan xiong root promotes healthy circulation while golden bell fruit and bamboo leaf support healthy respiration, digestion, and circulation.

## BENEFITS

- Highly concentrated, natural herbal formula
- Balances your respiratory system
- Promotes healthy digestion and circulation

|   |  |
|---|--|
|  Owner Expertise Formulation   |  Kosher Certified |
|  Self-Made in the USA          |  Halal Certified  |
|  Made with Natural Ingredients |  NSF Certified    |



Conco® 100 Capsules/Bottle  
Code Number: 2020125

## INGREDIENT HIGHLIGHTS

### MINT

Known to help in improving nasal breathing.

### AMERICAN LOVAGE ROOT

This herb contains a soothing agent called eucalyptol, which may help to reduce irritation in the lungs.

### LICORICE

This herb is known to have potent antioxidant, anti-inflammatory, and antimicrobial effects

## HOW TO USE

One to two capsules at meal time.

MAHALAGANG PAALALA: ANG PRODUKTONG ITO AY HINDI GAMOT AT HINDI DAPAT GAMITING PANGGAMOT SA ANUMANG URI NG SAKIT

(Important notice: The product is not medicine and is not to be used for treating diseases)

## INGREDIENTS

Mint (*Mentha arvensis*), American Lovage Root (*Rubia cordifolia*), Licorice (*Glycyrrhiza glabra*). In a vegetable-based capsule.

### Nutrition Info

Serving Size 2 capsules (1g)  
Servings Per Container 50

#### Amount Per Serving

Calories 3

|                       | %RENI* |
|-----------------------|--------|
| <b>Total Fat 0g</b>   | 0%     |
| Sat. Fat 0g           | 0%     |
| <b>Sodium 0mg</b>     | 0%     |
| <b>Total Carb. 0g</b> | 0%     |
| <b>Protein 0g</b>     |        |

Iron 4%

\*Percent Recommended Energy & Nutrient Intake (RENI) values are based on a 2,000 calorie diet.

## FAQs

### Q: What is the “metal element”?

A: In Traditional Chinese Medicine, health is the balance of five elements: wood, fire, earth, metal, and water. Each element has its own qualities in your body. Metal is associated with the lungs and large intestines, and its characteristics are determination, precision, and organization. The “metal element” herbs in Conco® help balance your body with a combination of “warming” (cleansing, Yang energy) and “cooling” (nourishing, Yin energy) herbs.

### Q: How do I know if I have a “metal imbalance”?

A: In Traditional Chinese Medicine, when your “metal element” is in balance, you may feel like you can do anything. Conversely, “metal imbalance” can negatively affect your respiratory, digestive, and skin health while adversely affecting your mood, causing grief or sadness.



## NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.