

VITASHAKE®

Feed your hunger and fuel your body with this nutrient-dense, balanced shake. Made from concentrated whole foods, VitaShake® fills your nutritional gaps with plant protein, vitamins, minerals, antioxidants, fiber, healthy carbs, and more—with low sugar and fewer than 100 calories per serving. Build it into your daily diet as a convenient meal or snack, at home or on the go.

BENEFITS

- Convenient, balanced meal or snack
- Made from whole foods for maximum nutrient absorption
- No cholesterol or artificial sweeteners, flavors, or preservatives
- Low in sugar and sodium
- Fewer than 100 calories per serving



10/25g packages, Cocoa #1060527
10/25g packages, Strawberry #1061527

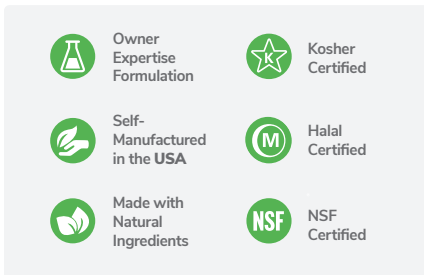
INGREDIENT HIGHLIGHTS

COIX FRUIT

This tropical plant is rich in fiber and antioxidants like polyphenols, which are known as “lifespan essentials,” to support digestion, weight loss, and diuresis by helping to decrease fat and cholesterol absorption.

FRUCTOOLIGOSACCHARIDE (FOS)

This prebiotic soluble-fiber carbohydrate supports healthy growth of beneficial bacteria in your gut. FOS cannot be absorbed or broken down by the body and, therefore, is a great food source for probiotics.



INGREDIENTS

Coix Fruit, Fructose, Soy Protein, Cocoa Powder, Fructooligosaccharide, Chinese Yam, Fox Nut, Lotus Seed, Lotus Root, Waterlily Bulb, Potassium Phosphate, Calcium Phosphate, Imperate Root, Magnesium Oxide, Stearic Acid, Calcium Carbonate, Lecithin, Yeast, Xanthan Gum, Niacinamide Ascorbate, Iron, Vitamin E, Zinc Oxide, Copper Gluconate, Calcium Pantothenate, Beta-carotene, Vitamin B6, Thiamin, Riboflavin and Iodine.

FAQs

Q: How is VitaShake® different from other protein and meal replacement shakes?

A: VitaShake® is free of the harmful ingredients commonly found in other shakes, including chemical additives and artificial flavors and sweeteners. VitaShake® also has fewer than 100 calories per serving and is cholesterol-free and very low in sugar and sodium.

Q: Is VitaShake® easy to digest?

A: Yes, because it's made from concentrated whole foods and natural vitamins and minerals. Unlike other shakes that contain chemically processed or animal-based protein powders, our soy protein fills nutritional gaps while supporting a healthy digestive track. VitaShake® is easy-to-digest nutrition without the bloating or discomfort.

HOW TO USE

Mix one package with 180mL-240mL of water or Fortune Delight® in shaker bottle. Drink as is or sweeten to taste with SunnyDew®.

Nutrition Info

	Amount Per Serving	%DV*
Total Fat	<1g	1%
Sat. Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	50mg	2%
Total Carb.	18g	6%
Dietary Fiber	3g	11%
Total Sugars	5g	
Incl. 5g Added Sugars		10%
Protein	4g	
Vitamin D	3mcg	15%
Calcium	180mg	14%
Iron	4mg	22%
Potassium	285mg	6%

*Percent Daily Values (DV) are based on 2,000 calorie diet.



NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.