

QUINARY®

Nourish and strengthen your body with Quinary®, Sunrider's complex blend of nearly 50 herbs, specially formulated to help you maintain good health. Quinary® contains ingredients used in Herbal Medicine to support intestinal wellness, including helping to relieve inflammatory conditions of the gut. Quinary® also contains Licorice and Ginger, which are traditionally used in Herbal Medicine as expectorants to help relieve coughs and bronchitis. It's the ultimate foundation for optimal health and vitality.

BENEFITS

- Supports overall health
- Made with natural ingredients
- No added chemicals or stimulants
- Highly concentrated
- Expertly formulated for optimal results



Owner
Expertise
Formulation



Kosher
Certified



Self-
Manufactured
in the USA



Halal
Certified



Made with
Natural
Ingredients



100 capsules #20001
10/5 g stick packs, powder #01854
30/5 g stick packs, powder #01798

INGREDIENT HIGHLIGHTS

ALPHA 20C®

This unique formula supports digestive health with herbs such as Dandelion Root.

CONCO®

This nourishing formula contains herbs such as Mint herb and Chinese Catnip (*Schizonepeta tenuifolia*) that are used in Traditional Chinese Medicine to clear heat and expel wind.

A.D.™

This herbal formula supports digestive, cognitive, and physical health with ingredients such as Ginseng Root, Licorice Root, and Atractylodes.

L.S.™

This concentrated herbal supplement supports the maintenance of overall health with ingredients such as Cassia Tora Seed, Gou Teng Vine, and Sophora Flower.

P.A.™

This herbal supplement contains herbs used in Traditional Chinese Medicine to support respiratory tract and heart health.

FAQ

Q: I feel fine. Why should I take Quinary®?

A: In keeping with Chinese tradition and the Philosophy of Regeneration®, daily maintenance of the body with proper nutrition is key to preventing physical malfunction. Dr. Chen created Quinary® as a convenient way to promote overall health and wellness.

Quinary® supplement helps maintain health rather than waiting for the body to malfunction.

Although it is very difficult to achieve with a formula as complex as this one, our blended herbs are maintained without preservatives or synthetic chemicals.

HOW TO USE


Powder: Adults: Mix 1 Quinary® package (5 g) with 180 mL – 240 mL of water, at mealtime.

Take twice daily. Consult a health care practitioner for use beyond 2 weeks.

Capsule: Adults: Take 10 capsules twice daily at mealtime. Consult a health care practitioner for use beyond 2 weeks.

Medicinal Ingredients / Ingrédients médicinaux :	Each package (5 g) contains / Chaque sachet (5 g) contient :	
Bamboo / Bambou (Bambusa tuldolesis, Shavings / copeaux)	0.05 g (3 : 1, QCE / QBE 0.15 g)	0.15 g
Scutellaria / Scutellaire (Scutellaria baicalensis, Root / Racine)	0.05 g (3 : 1, QCE / QBE 0.15 g)	0.15 g
Dandelion / Pissenlit (Taraxacum officinale, Root / Racine)	0.05 g (3 : 1, QCE / QBE 0.15 g)	0.15 g
Gou teng (Uncaria rhynchophylla, Stem/Thorn / Tige/Epine)	0.05 g (3 : 1, QCE / QBE 0.15 g)	0.15 g
Licorice / Régisse (Glycyrrhiza glabra, Root/Stolon / Racine/Stolon)	0.05 g (3 : 1, QCE / QBE 0.15 g)	0.15 g
Cassia tora / Cassia (Cassia tora, Seed / Graine)	0.05 g (3 : 1, QCE / QBE 0.15 g)	0.15 g
Mint / Menthe (Mentha arvensis, Herb / Herbe)	0.05 g (3 : 1, QCE / QBE 0.15 g)	0.15 g
Paris polyphylla (Paris polyphylla, Rhizome)	0.05 g (3 : 1, QCE / QBE 0.15 g)	0.15 g
Fennel / Fenouil (Foeniculum vulgare, Seed / Graine)	0.05 g (3 : 1, QCE / QBE 0.15 g)	0.15 g
Cinnamon / Cannelle (Cinnamomum cassia, Bark / Écorce)	0.05 g (3 : 1, QCE / QBE 0.15 g)	0.15 g
Sclerotium portae coccis / Sclerotium portae coccis (Poria cocos, Fruiting body / Sporephore)	0.05 g (3 : 1, QCE / QBE 0.15 g)	0.15 g
Chinese angelica / Angélique de Chine (Angelica sinensis, Root / Racine)	0.05 g (3 : 1, QCE / QBE 0.15 g)	0.15 g
Chinese yam / Ignamie de Chine (Dioscorea polystachya, Rhizome)	0.036 g (3 : 1, QCE / QBE 0.11 g)	0.11 g
Ginger root / Racine de gingembre (Zingiber officinale, Rhizome)	0.036 g (3 : 1, QCE / QBE 0.11 g)	0.11 g
Sophora (Sophora japonica, Flower / Fleur)	0.036 g (3 : 1, QCE / QBE 0.11 g)	0.11 g
Sphorolobus (Sphorolobus divaricatum, Root / Racine)	0.036 g (3 : 1, QCE / QBE 0.11 g)	0.11 g
Epimedium / Épipévide (Epimedium sagittatum, Aerial part / Partie aérienne)	0.036 g (3 : 1, QCE / QBE 0.11 g)	0.11 g
Chuan xiong (Ligusticum sinense cv. chuanxiong, Root / Racine)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Chuan xiong (Ligusticum sinense cv. chuanxiong, Root / Racine)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Citron / Cédrat (Citrus wilsonii, Fruit)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Fang feng (Siler divaricatum, Root / Racine)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Ginseng (Panax ginseng, Root / Racine)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Honeysuckle / Chèvrefeuille (Lonicera japonica, Flower / Fleur)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Qianhu / Peucedan (Peucedanum praeruptorum, Root / Racine)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Chrysanthemum / Chrysanthème (Chrysanthemum indicum, Flower / Fleur)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Dipsacus / Cardère (Dipsacus japonicus, Root / Racine)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Gao liang jiang (Alpinia officinarum, Root / Racine)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Chinese leek / Ciboulette chinoise (Allium tuberosum, Seed / Graine)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Balloon flower / Platycodon (Platycodon grandiflorum, Root / Racine)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Lophatherum (Lophatherum gracile, Stem/Leaves / Tige/Feuilles)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Taiziehen (Pseudostellaria heterophylla, Root / Racine)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Papermulberry / Mûrier à papier (Broussonetia papyrifera, Fruit)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Chinese senega / Polygala de Chine (Polygala tenuifolia, Root / Racine)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Imperata / Impérate (Imperata cylindrica, Root / Racine)	0.025 g (3 : 1, QCE / QBE 0.075 g)	0.075 g
Kudzu (Pueraria lobata, Root / Racine)	0.012 g (3 : 1, QCE / QBE 0.037 g)	0.037 g
Reed / Roseau (Phragmites communis, Rhizome)	0.012 g (3 : 1, QCE / QBE 0.037 g)	0.037 g
Rhubarb / Rhubarbe (Rheum officinale, Root / Racine)	0.012 g (3 : 1, QCE / QBE 0.037 g)	0.037 g
Jing jie (Schizonepeta tenuifolia, Herb / Herbe)	0.012 g (3 : 1, QCE / QBE 0.037 g)	0.037 g
Asian plantain / Plantain d'Asie (Plantago asiatica, Seed / Graine)	0.012 g (3 : 1, QCE / QBE 0.037 g)	0.037 g
Bai zhu (Atractylodes macrocephala, Root / Racine)	0.012 g (3 : 1, QCE / QBE 0.037 g)	0.037 g
Eucommia (Eucommia ulmoides, Bark / Écorce)	0.012 g (3 : 1, QCE / QBE 0.037 g)	0.037 g
Morinda / Morinde (Morinda officinalis, Root / Racine)	0.012 g (3 : 1, QCE / QBE 0.037 g)	0.037 g
Desert-broomrape / Cistanche du désert (Cistanche deserticola, Herb / Herbe)	0.012 g (3 : 1, QCE / QBE 0.037 g)	0.037 g

The information provided for the Recommended Use is applicable to products sold in Canada only. Please note that daily dosage and labeling instructions differ between Canada and the United States. Also, please be aware that everyone's body is unique and may react differently to our products. The Recommendation for this product should be treated as the maximum daily recommended dosage for adults.



NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.