

ESE®

Our relaxing Ese® formula naturally soothes anxiety, stress, and sleeplessness, so you feel calm, rested, rejuvenated, and ready to be your best. Valerian root alleviates tension, muscle spasms, and congestion while antioxidant-rich gou teng and sophora japonica support immunity.* Ese® is non-habit forming and won't cause drowsiness.

BENEFITS

- Natural herbal formula promotes calm and well-being*
- Helps remedy anxiety, stress, restlessness, and sleeplessness*
- Leaves you feeling fresh and focused*
- No added stimulants or artificial ingredients
- Non-habit forming

	Owner Expertise Formulation		Kosher Certified
	Self-Manufactured in the USA		Halal Certified
	Made with Natural Ingredients		NSF Certified
			GMO Free



100 capsules #20261

INGREDIENT HIGHLIGHTS

VALERIAN ROOT

This herb has long been used as a mild sedative to alleviate tension, stress, and insomnia. It also holds the power to ease congestion and relieve muscle spasms.*

GOU TENG

This ancient Chinese herb, uncaria rhynchophylla, has been used for centuries to support healthy blood pressure. Its significant antioxidant properties may also support immunity, digestion, and circulation.*

SOPHORA JAPONICA

This flower from the sophora tree contains two potent flavonoids, troxerutin and oxymatrine, which exhibit strong antioxidant activity and support circulatory system health.*

FAQs

- Q: Is Ese® habit forming?**
A: Although it is extremely effective at soothing tension and stress, Ese® is non-habit forming and will not make you drowsy. As its name states, Ese® helps you “ease” through the day.
- Q: Does Ese® contain stimulants or questionable ingredients?**
A: No, it is a natural herbal formula. Unlike many other mood, focus, and energy enhancing supplements, Ese® is free of added stimulants and questionable or artificial ingredients.
- Q: Can anyone benefit from Ese®?**
A: Yes, this naturally powerful formula is ideal for anyone who wants to improve their mental clarity, cognitive function, and performance while managing stress at work, school, and in everyday life.*

HOW TO USE

One or two capsules (as desired) at meal time.

Supplement Facts		
Serving Size 2 capsules		
Servings Per Container 50		
	Amount Per Serving	% Daily Value
Total Carbohydrate	1 g	<1%*
Proprietary blend:	1 g	†
Ingredients: Uncaria rhynchophylla (gou teng), valerian root, Japanese sophora flower, peucedanum root, Citrus reticulata (Mandarin orange) peel, and pinellia root.		
* Percent Daily Values are based on a 2,000 calorie diet.		
† Daily Value not established.		

OTHER INGREDIENTS

Vegetable-based capsule (hydroxypropyl methylcellulose).

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.