

DONG QUAI

For thousands of years, Dong Quai has been used in China as a beneficial herb in tonics for the blood, especially for women. It helps relieve common symptoms of premenstrual syndrome (PMS), such as bloating, mild mood swings, and abdominal cramps.

BENEFITS

- Supports healthy circulation
- Helps relieve menstrual pain
- Tonifies the blood
- Concentrated for maximum results

FEATURES



Owner
Expertise
Formulation



Self-
Manufactured
in the USA



Made with
Natural
Ingredients



Kosher
Certified



Halal
Certified

FAQ

Q: What are some of the uses of Dong Quai in Traditional Chinese Medicine (TCM)?

A: Dong Quai is the dried root of Angelica Sinensis, which is commonly used in TCM to promote blood circulation and treat menstrual disorders such as menstrual cramps, as well as other women's health issues.

HOW TO USE

Adults: Take 2 capsules 2 times per day. Consult a health care practitioner for use beyond 6 months.

Always read the product label – Use as directed.

The information provided for the Recommended Use is applicable to products sold in Canada only. Please note that daily dosage and labeling instructions differ between Canada and the United States. Also, please be aware that everyone's body is unique and may react differently to our products. The Recommendation for this product should be treated as the maximum daily recommended dosage for adults.



INGREDIENT HIGHLIGHTS

DONG QUAI ROOT (ANGELICA SINENSIS)

Dong Quai has been called “female ginseng” because it's commonly used for health conditions in women. This herb contains folic acid, nicotinic acid, and biotin and is widely used in Traditional Chinese Medicine as a fortifying daily tonic for women. This herb also contains coumarins, organic compounds that act as anticoagulants and support circulation. Dong Quai is traditionally recognized in Chinese medicine for its role in supporting women's health, often referred to as “female ginseng.” It contains naturally occurring compounds such as folic acid, nicotinic acid, biotin, and coumarins, which contribute to its circulatory and tonic properties.

Medicinal Ingredients / Ingrédients médicinaux :

Each capsule contains / Chaque gélule contient :

Dong Quai / Angélique chinoise (*Angelica sinensis*, Root / Racine) 525 mg (3 : 1, QCE / QBE 1575 mg)

Non-medicinal Ingredients / Ingrédients non médicinaux :

Hypromellose.

In a vegetable-based capsule. / En gélule à base végétale.