

# ASSIMILAIID®

Digest your food more quickly, efficiently, and comfortably with our nourishing complex of herbs. Atractylodes and pinellia roots soothe your stomach and intestinal tract while orange peel treats indigestion and fennel seed provides antioxidant protection. Assimilaid helps you achieve digestive balance.

## BENEFITS

- Super-concentrated, naturally nourishing complex of herbs
- Promotes healthy digestion and regularity
- Provides antioxidant support



100 capsules

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## HOW TO USE

Take two capsules three times a day at meal time, or open two capsules and dissolve contents in water to drink as tea

## INGREDIENTS

Radix ginseng, Rhizoma Atractylodis Macrocephalae, Pericarpium Citri Reticulatae, Poria Cocos, Rhizoma Pinelliae Praeparata, Cortex Cinnamomi, Fructus Foeniculi, Fructus Amomi, Radix Et Rhizoma Glycyrrhizae and Herba Menthae

## INGREDIENT HIGHLIGHTS

### PANAX GINSENG ROOT

This herb supports concentration, physical stamina, and overall well-being.

### ATRACTYLODES MACROCEPHALA ROOT

In Traditional Chinese Medicine, this herb is used to support digestion and nutrient absorption, as well as boost immunity.

### MANDARIN ORANGE PEEL

The peel of this fruit is used in Traditional Chinese Medicine to promote healthy digestion and relieve food retention.

### FENNEL SEED

The seeds of this herb contain numerous flavonoid antioxidants like kaempferol and quercetin.

## FAQs

### Q: How does digestion work?

A: Simply put, digestion is the breakdown of food into smaller and smaller components, until they can be absorbed and assimilated into the body as nutrients, which then are used for energy, growth, and cell repair. Assimilaid® supports this entire process.

### Q: How does Assimilaid® support digestion?

A: Assimilaid® is designed to address your digestive system with “earth element” herbs that help your body process food quickly and efficiently. In Ancient China, a similar formula was used to aid digestion in the stomach, lubricate the intestinal tract, and alleviate digestion-related ailments like heartburn and upset stomach. Assimilaid® is one of the five formulas in our bestselling Quinary®, too.



## NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.