


# SUNTRIM® SHAKE


Help build and repair body tissues, gain energy, and curb cravings with our SunTrim® Shake. Rich in flavor and nutrients, every 100% vegan serving nourishes your body with an easily digestible, balanced blend of whole foods, vitamins, complex carbs, and complete protein—all nine essential amino acids. So you feel fuller as you build lean muscle tissue/mass.\*

## BENEFITS


- Complete protein with all nine essential amino acids per serving
- Delicious way to satisfy your appetite and to help curb cravings
- Tastes great, easy to digest
- No artificial flavors, colors, or sweeteners
- 100% vegan



Owner Expertise  
Formulation



Made with  
Natural  
Ingredients



Self-Manufactured  
in the USA



Chocolate 10 packages #01290

## INGREDIENT HIGHLIGHTS

### PEA PROTEIN

This plant protein contains all nine essential amino acids—including branched-chain amino acids (BCAAs)—to effectively assist in building lean muscle.

### LYCIUM FRUIT

Also called goji berries, this fruit contains antioxidants and an excellent source of vitamins and minerals.

### GARCINIA FRUIT

This natural source of hydroxycitric acid (HCA) helps control appetite and support a healthy metabolism. Garcinia has been used safely for centuries to make meals more filling.

## FAQs

- Q: How is SunTrim® Shake different from other protein and workout supplement shakes?**
- A:** Our plant-based formula is free of the harmful ingredients commonly found in other shakes, including chemical additives and artificial colors, flavors, and sweeteners. SunTrim® Shake is also a whole-food based supplement with natural vitamins and minerals for maximum nutrient absorption.
- Q: Is SunTrim® Shake easy to digest?**
- A:** Yes. Unlike powders that contain chemically processed or animal-based protein, SunTrim® Shake is a 100% vegan formula that's easy-to-digest nutrition without the bloating or discomfort.
- Q: Does SunTrim® Shake provide complete protein?**
- A:** Absolutely. Each serving supplies all nine essential amino acids and the high-protein benefits of a dairy or whey protein but in a 100% vegan formula. SunTrim® Shake satisfies your appetite and helps curb cravings.

## HOW TO USE

**Adults:** Mix 1 package per day with 1-2 cups of water, milk, almond milk or favourite healthy beverage in a shaker bottle, immediately before consumption. Ensure to drink enough fluid before, during, and after exercise. Take with food a few hours before or after taking other medications or natural health products.

\* When combined with regular weight/resistance training and a healthy balanced diet.



## NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends traditional Chinese medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.

## INGREDIENTS

### Medicinal ingredients / Ingrédients médicinaux :

Each package (25 g) contains / Chaque sachet (25 g) contient :

Wolfberry (Lycium chinense, Fruit) .....	5.54 g
Pea protein / Protéine de pois (Pisum sativum, Seed / Graine).....	4.75 g
Rice protein / Protéine de riz (Oryza sativa, Seed / Graine) .....	4.75 g
Malabar tamarind / Tamarinier de Malabar (Garcinia gummi-gutta, Fruit) .....	3.75 g
Inulin / Inuline (Cichorium intybus, Root / Racine) .....	1.625 g
Common bamboo / Bambou commun (Bambusa vulgaris, Stem / Tige) .....	800 mg
Calcium (Calcium phosphate, dibasic, Calcium d-pantothenate / Phosphate de calcium, dibasique, D-pantothénate de calcium) .....	324.43 mg
Magnesium / Magnésium (Magnesium oxide / Oxyde de magnésium) .....	105.7 mg
Vitamin C / Vitamine C (Ascorbic acid, Niacinamide ascorbate / Acide ascorbique, Ascorbate de niacinamide).....	24.8 mg
Vitamin E / Vitamine E (D-alpha-tocopherol acid succinate / Succinate d'acide de d-alpha tocophéryle).....	3.85 mg AT (4.76 mg)
Zinc (Zinc gluconate / Gluconate de zinc).....	3.1 mg
Beta-carotene / Bêta-carotène .....	2.25 mg
Iron / Fer (Iron (II) fumarate / Fumarate de fer (II)) .....	1.68 mg
Niacinamide (Niacinamide ascorbate / Ascorbate de niacinamide) .....	1.63 mg
Pantothenic acid / Acide pantothénique (Calcium d-pantothenate / D-pantothénate de calcium).....	0.63 mg
Manganese / Manganèse (Manganese (II) sulfate / Sulfate de manganèse (II)) .....	0.58 mg
Vitamin B6 / Vitamine B6 (Pyridoxine hydrochloride / Chlorhydrate de pyridoxine) .....	0.425 mg
Riboflavin / Riboflavine.....	0.325 mg
Thiamine (Thiamine mononitrate / Mononitrate de thiamine) .....	0.275 mg
Copper / Cuivre (Copper (II) gluconate / Gluconate de cuivre (II)).....	225.4 mcg
Folate (Folic acid / Acide folique) .....	100 mcg
Iodine / Iode (Potassium iodide / Iodure de potassium).....	37.5 mcg
Phytonadione (Vitamin K1 / Vitamine K1).....	30 mcg
Selenium / Sélénium (Selenomethionine / Sélénométhionine) .....	13.75 mcg
Chromium / Chrome (Chromium (III) chloride, hexahydrate / Chlorure de chrome (III), hexahydraté) .....	8.68 mcg
Biotin / Biotine .....	7.5 mcg
Vitamin D / Vitamine D (Cholecalciferol / Cholécalfcérol) .....	5 mcg (200 IU / UI)
Molybdenum / Molybdène (Ammonium molybdate (VI) / Molybdate (VI) d'ammonium) .....	1.65 mcg
Vitamin B12 / Vitamine B12 (Cyanocobalamin / Cyanocobalamine) .....	0.5 mcg

### Non-medicinal ingredients / Ingrédients non médicinaux :

Chocolate flavour, xanthan gum, potassium carrageenan, stearic acid, stevioside.

Saveur de chocolat, gomme de xanthane, carraghénine de potassium, acide stéarique, stéviolside.