

SIBERIAN GINSENG

This ancient warming herb helps your body adapt to daily stress by supporting your bones and joints and supporting circulation, ultimately increasing physical and mental endurance. Our formula also boosts your immunity and soothes you into a calming, sound sleep.

BENEFITS

- Supports the body's ability to adapt to stress
- Supports increased stamina
- Supports healthy circulation
- Alleviates motion sickness
- Promotes calmness



Owner
Expertise
Formulation



Made with
Natural
Ingredients



Self-
Manufactured
in the USA



NSF
Certified



100 capsules

#2804127

INGREDIENTS

Eleutherococcus senticosus.

INGREDIENT HIGHLIGHTS

ELEUTHEROSIDES

This natural chemical compound supports the immune system, helps alleviate general fatigue, and helps support physical and mental endurance.

FAQs

Q: Is Ci Wu Jia the same as ginseng?

A: No. While different herbs can have similar health benefits, Ci Wu Jia (once known as "Siberian ginseng") is a different herb than what is known as "ginseng."

Q: What are some of the traditional uses of this herb?

A: For over 2,000 years, Ci Wu Jia has been used in traditional Chinese medicine, where it is valued as a bittersweet "warming herb." This single herb traditionally has been used in various tonics and beverages for its adaptogenic (normalizing) effects on the bones and joints. Other adaptogenic effects include increasing resistance to environmental stress, such as exposure to high temperatures and conditions that cause motion sickness. It has long been used to aid circulation, increase stamina, improve athletic performance, relieve sleeplessness, and support the immune system.

Q: What is an adaptogen?

A: Ci Wu Jia is often called an "adaptogen." This is a nonmedical term used to describe substances that reportedly strengthen the body and increase general resistance to daily stress.

Adaptogens aren't a new concept; they've been studied throughout history as a way to improve the body's ability to respond to stress, increase energy and attention, and fight off fatigue.

HOW TO USE

One or two capsules at meal time three times per day.



NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.