

# LIFESTREAM®

Get in a healthy flow! This natural supplement is designed to address the circulatory system with water element herbs that help promote balance and fluidity throughout the body. Lifestream® also supports the body's digestive system and cleansing process with naturally derived antioxidants and phytonutrients.\*

## BENEFITS

- Promotes the circulatory system and cardiovascular health\*
- Good source of antioxidants
- Supports the digestive system and overall health\*
- Specially formulated for optimal absorption

	Owner Expertise Formulation		Kosher Certified
	Self-Manufactured in the USA		Halal Certified
	Made with Natural Ingredients		NSF Certified
			GMO Free



100 capsules #20211

## INGREDIENT HIGHLIGHTS

### CASSIA TORA SEED

A good source of antioxidants and fiber, cassia tora seed is used in traditional herbal medicine to support digestive health and the elimination process.\*

### JAPANESE SOPHORA FLOWER

This tree flower contains potent flavonoids shown to support the circulatory system and overall cardiovascular system health.\*

### PORIA

Long used in traditional herbal medicine as a therapeutic tonic, this type of mushroom supports the immune system and the removal of toxins.\*

### PANAX GINSENG

This herb is used in traditional herbal medicine to support energy, stamina, endurance, as well as concentration and memory.\*

## FAQs

**Q: What is the role of water element herbs?**

**A:** Water element herbs promote balance and fluidity in the body. They primarily address the kidneys and bladder, the two organs most associated with this element in traditional Chinese medicine.\* When this element is in balance, you are observant, introspective, and calm. When it's out of balance, you can become isolated, fearful, and forgetful.

## HOW TO USE

Take two capsules three times a day at meal time.

Supplement Facts		
Serving Size 2 Capsules		
Servings Per Container 50		
	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Sodium	10 mg	<1%*
Proprietary blend:	1 g	†
Ingredients: Cassia tora seed, Uncaria rhynchophylla (gou teng), Japanese sophora flower, chrysanthemum flower, Citrus reticulata (Mandarin orange) peel, pinellia root, ophiopogon (dwarf lilyturf) root, poria, ginger root, and Panax ginseng root.		
* Percent Daily Values are based on a 2,000 calorie diet.		
† Daily Value not established.		

**Other ingredients: Vegetable-based capsule (hydroxypropyl methylcellulose).**

**NOTICE:** This product contains Cassia Tora Seed. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cassia Tora Seed may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



## NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.