

# SUNBAR®

Crafted from whole foods and herbs, our tasty on-the-go bars deliver sustained energy and balanced nutrition in every bite. High in fiber yet low in sugar, they raise the bar on healthy snacking and satisfying meal replacement with slow-burning carbs, healthy fats, GMO-free soy protein, vitamins, and antioxidants. Grab one and go!

## BENEFITS

- Provides balanced nutrition
- Rich in antioxidants
- Supports sustained energy with complex carbs
- Good source of fiber
- No artificial sweeteners, colors, or preservatives
- Makes a healthy snack, convenient meal replacement, or tasty dessert



## PRODUCT CODE

10/30g bars

Fruit #10105  
Chocolate #10115

## INGREDIENTS

Soy Protein Nuggets, Apple Juice, Psyllium, Bananas, Mangos, Pineapple Juice, Strawberry Powder, Almonds, Honey, Lycii Fruit, Chinese Asparagus Root, Coix Fruit, Soy Bean Oil, Wheat Germ Oil, Tocopherol/Vitamin E.

## Nutrition Info

Serving Size: 30g

Amount Per Serving

Energy	486 kJ
Protein	6.06 g
Fat, total	2.5 g
- Saturated	0.4 g
Carbohydrate	17.3 g
- Sugars	2.2 g
Sodium	44 mg
Dietary Fibre	3.2 g

## INGREDIENT HIGHLIGHTS

### SOY PROTEIN

Derived from non-GMO soybeans, this heart-healthy plant protein provides all nine essential amino acids (making it a complete protein) and is a good source of omega-3 fatty acids and isoflavones.

### FRUCTOOLIGOSACCHARIDES (FOS)

Similar to inulin, this soluble-fibre prebiotic supports the growth of beneficial bacteria in the gut to aid digestion and support the immune system.

### LYCIUM FRUIT

This fruit is an excellent source of body-cleansing antioxidants, vitamins A, C, and E, and more than 30 essential and trace minerals.

### LOTUS ROOT

A good source of dietary fiber, this plant slows the digestion of carbohydrates so you feel fuller longer. It also provides a unique mix of vitamins, minerals, and phytonutrients.

## FAQs

**Q: What makes SunBar® better than typical "energy bars"?**

**A:** Unlike typical energy bars that are full of sugar, sodium, protein isolates or whey protein, trans fat, preservatives, and artificial ingredients, SunBar® is made from whole-food ingredients and herbs the body can easily absorb. SunBar® delivers solid nutritional value without empty calories and questionable ingredients.

**Q: I've heard that carbohydrates are bad to eat. Why are the carbs in SunBar® a good thing?**

**A:** SunBar® contains a high percentage of complex carbohydrates, which burn more slowly in the body than simple carbohydrates. SunBar® provides your body with an even level of long-lasting energy without spikes or crashes.

Sunrider® products are not intended for use in the diagnosis, cure, mitigation, prevention, or treatment of any medical condition.



## NOURISH + CLEANSE = BALANCE

Sunrider products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish your body with only the finest natural ingredients and cleanse it from harmful chemicals, artificial colours, flavours, and preservatives, you bring your body into balance. A balanced body is a healthy body.

For more information please speak to the person who provided this fact sheet to you or contact Sunrider Australia.

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