

KOREAN WHITE GINGSENG

This venerable herb has been used as a qi (vital essence) tonic for centuries in traditional Chinese herbal medicine. Our formula nourishes your nervous system to promote calmness and a sense of well-being, combat stress, and support energy, concentration, and memory.*

BENEFITS

- Relieves stress*
- Supports energy and mental focus*
- Promotes a sense of well-being*
- Nourishes the mind and body
- Natural formula
- Super concentrated



100 capsules #28071

INGREDIENT HIGHLIGHTS

KOREAN WHITE GINGSENG

Also known as Panax ginseng or Asian ginseng, Korean ginseng is one of the most commonly used and researched of the ginseng varieties. The main active components are ginsenosides, which have been shown to have a variety of beneficial effects, including anti-inflammatory and antioxidant effects. This type of ginseng has been an important natural remedy in Chinese herbal medicine for thousands of years, where it has been used primarily as a treatment for weakness and fatigue.*

	Owner Expertise Formulation		Kosher Certified
	Self-Manufactured in the USA		Halal Certified
	Made with Natural Ingredients		NSF Certified
			GMO Free

FAQs

- Q: Korean white ginseng is often referred to as an “adaptogen.” What does that mean?**
- A:** Ginseng has been used traditionally against fatigue and as a tonic for invigorating various systems of the body. Russian scientists coined the term “adaptogen” to describe a substance or herb that could increase the body’s resistance to stress or had an invigorating action upon the user. Thus, Korean white ginseng is considered to be, along with American ginseng, an adaptogenic herb.*
- Q: What is qi?**
- A:** Qi (pronounced “chee”) is the Chinese term for life energy, or life spirit, a vital force that flows through all living things. Qi is based on a simple principle: Any system in harmony tends toward health, well-being, and sustainability. A system in disharmony tends toward illness, disease, and collapse. Eating healthy foods is one of the first steps toward creating a healthy balance within our bodies.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

	Amount Per Serving
Ingredients:	1 g †
Panax ginseng C.A. Meyer (Korean white ginseng root).	

† Daily Value not established.

Other ingredients: Vegetable-based capsule (hydroxypropyl methylcellulose).

HOW TO USE

One or two capsules at meal time.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NOURISH + CLEANSE = BALANCE

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.