

## LIFESTREAM®

Get in a healthy flow! This natural supplement is designed to address the circulatory system with water element herbs that help promote balance and fluidity throughout the body. Lifestream® also supports the body's digestive system and cleansing process with naturally derived antioxidants and phytonutrients.

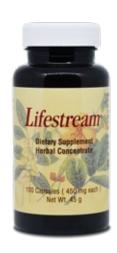
### **BENEFITS**

- Promotes the circulatory system and cardiovascular health
- · Good source of antioxidants
- Supports the digestive system and overall health
- Specially formulated for optimal absorption



## **HOW TO USE**

Take two capsules three times a day at meal time.



100 capsules

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## **INGREDIENTS**

Cassia Tora Seed, Gou Teng, Orange Peel, Pinellia Root, Dwarf Lilyturf Root, Poria (mushroom powder) and Ginseng Root, Sophora Flower, Chrysanthemum Flower and Ginger Root

# INGREDIENT HIGHLIGHTS

#### **CASSIA TORA SEED**

A good source of antioxidants and fiber, cassia tora seed is used in traditional herbal medicine to support digestive health and the elimination process.

#### JAPANESE SOPHORA FLOWER

This tree flower contains potent flavonoids shown to support the circulatory system and overall cardiovascular system health.

#### **PORIA**

Long used in traditional herbal medicine as a therapeutic tonic, this type of mushroom supports the immune system and the removal of toxins.

#### **PANAX GINSENG**

This herb is used in traditional herbal medicine to support energy, stamina, endurance, as well as concentration and memory.

## **FAQs**

#### Q: What is the role of water element herbs?

A: Water element herbs promote balance and fluidity in the body. They primarily address the kidneys and bladder, the two organs most associated with this element in traditional Chinese medicine. When this element is in balance, you are observant, introspective, and calm. When it's out of balance, you can become isolated, fearful, and forgetful.



## **NOURISH + CLEANSE = BALANCE**

Sunrider® products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish with only the finest natural ingredients and cleanse of harmful chemicals and artificial colors, flavors, and preservatives, you bring your body into balance. A balanced body is a healthy body.