

# SUNFIT<sup>®</sup> PROTEIN PLUS

Power up with pure plant protein. SunFit<sup>®</sup> Protein Plus packs a balanced blend of 27.5 grams of pea and rice proteins plus vitamins, minerals, antioxidants, and complex carbs into every serving. The best natural formula for a healthy, active lifestyle, SunFit<sup>®</sup> Protein Plus supports energy, satisfies hunger, and fuels muscle growth and recovery. Mix it in to supercharge your smoothies, top off foods, or enjoy as a nutritious meal replacement.

### BENEFITS

- 27.5 grams of easy-to-digest, pure plant protein per serving
- Satisfies hunger as a convenient meal or snack
- Supports energy and muscle growth and recovery
- No added sugar, dairy, artificial sweeteners, or chemicals
- Neutral flavor complements any food or beverage
- 100% vegan



# HOW TO USE

Simply mix three scoops (60 g) of Sunfit® Protein Plus Shake with either 250 mL of skim milk or with 25 grams of skim milk powder or with 350 – 475 mL of water, Fortune Delight® or your favourite Sunrider beverage. Add to Vitadelight®, NuPlus® or other other food as desired.



# PRODUCT CODE

680g, Naturally Vanilla 680g, Ginger Turmeric

#01331 #01544

## INGREDIENTS

Pea Protein, Rice Protein, Coix Fruit, Pearl Barley, Chicory Root, Bamboo Fibre, Oat Flour, Calcium Phosphate, Natural Flavour, Chinese Yam, Stevia, Xanthan Gum, Potassium Carrageenan, Magnesium Oxide, Stearic Acid, Fox Nut, Lotus Seed, Lotus Root, Waterlily Bulb, Imperate Root, Vitamin C, Zinc, Iron, Vitamin E, Niacinamide Ascorbate, Selenium, Vitamin A, Cholecalciferol, Manganese, Copper, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folate, Iodine, Chromium, Vitamin K1, Ammonium Molybdate, Biotin, Vitamin B12 [Ingredients are for Naturally Vanilla flavour only].

## **Nutrition Info**

Serving Size: 60g (3 scoops)

Amount Per Serving	
Energy	870 kJ
Protein	27.5 g
Fat, total	2.6 g
- Saturated	0.2 g
Carbohydrate	28.8 g
- Sugars	2.6 g
Dietary Fibre	2.7 g
Sodium	197 mg

## INGREDIENT HIGHLIGHTS

#### PEA AND RICE PROTEIN

Our powerful blend of plant proteins contains all nine essential amino acids including branched-chain amino acids (BCAAs)—to effectively build lean muscle.

#### **COIX FRUIT**

This tropical plant is rich in fiber and antioxidants like polyphenols, which are known as "lifespan essentials," to support digestion, weight loss, and diuresis by helping decrease fat and cholesterol absorption.

#### **BAMBOO FIBER**

This plant-based fiber aids digestion and helps you feel fuller.

# FAQs

#### Q: What are the benefits of protein?

A: Protein isn't just about muscle building and repair. Because it's filling, protein helps curb cravings, which makes it easier to maintain a healthy weight.

# Q: Does SunFit<sup>®</sup> Protein Plus provide complete protein?

A: Absolutely. Our blend of pea and rice proteins supplies all nine essential amino acids as a whey protein but in a 100% vegan formula.

# Q: What's the best way to enjoy SunFit® Protein Plus?

A: Its neutral flavour complements just about anything. Mix it into smoothies for a creamier consistency and an extra protein punch. Add it to NuPlus® or VitaDelight®, or top off your favorite dish, snack or drink.

Sunrider<sup>®</sup> products are not intended for use in the diagnosis, cure, mitigation, prevention, or treatment of any medical condition.



### **NOURISH + CLEANSE = BALANCE**

Sunrider products are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration<sup>®</sup>. When you nourish your body with only the finest natural ingredients and cleanse it from harmful chemicals, artificial colours, flavours, and preservatives, you bring your body into balance. A balanced body is a healthy body.

For more information please speak to the person who provided this fact sheet to you or contact Sunrider Australia.